GOODSENSE®

30 Nutrients

1000 IU Vitamin D

CENTURY MATURE

Adults 50+

Multivitamin/Multimineral Supplement

125% DV More Vitamin D Than Previous Formula

100% SATISFACTION GUARANTEED

125 Tablets

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 2,500 IU (40% as Beta-Carotene)	50%	Vitamin B12 25 mcg	417%	Chromium 50 mcg	42%
Vitamin C 60 mg	100%	Biotin 30 mcg	10%	Molybdenum 45 mcg	60%
Vitamin D 1,000 IU	250%	Pantothenic Acid 10 mg	100%	Chloride 72 mg	2%
Vitamin E 50 IU	167%	Calcium 220 mg	22%	Potassium 80 mg	2%
Vitamin K 30 mcg	38%	Phosphorus 20 mg	2%	Nickel 5 mcg	*
Thiamin 1.5 mg	100%	Iodine 150 mcg	100%	Silicon 2 mg	*
Riboflavin 1.7 mg	100%	Magnesium 50 mg	13%	Vanadium 10 mcg	*
Niacin 20 mg	100%	Zinc 11 mg	73%	Lutein 250 mcg	*
Vitamin B6 3 mg	150%	Selenium 19 mcg	27%	Lycopene 300 mcg	*
Folic Acid 400 mcg	100%	Copper 0.5 mg	25%		
		Manganese 2.3 mg	115%		

*Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid (Vit. C), dl-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Microcrystalline Cellulose, Acacia, Croscarmellose Sodium, Stearic Acid, Niacinamide, Calcium Silicate, Hypromellose, Zinc Oxide, Crospovidone, Polydextrose, Calcium Pantothenate, Titanium Dioxide Color, Silicon Dioxide, Manganese Sulfate, Magnesium Stearate, Polyethylene Glycol, Pyridoxine Hydrochloride (Vit. B6), Thiamine Mononitrate (Vit. B1), Medium Chain Triglycerides, Riboflavin (Vit. B2), Cupric Sulfate, Beta-Carotene, Vitamin A Acetate, FD&C Blue #2 Aluminum Lake, Folic Acid, Chromium Picolinate, Lycopene, Lutein, Potassium Iodide, FD&C Red #40 Aluminum Lake, FD&C Yellow #6 Aluminum Lake, Sodium Molybdate, Sodium Selenate, Phytonadione (Vit. K), Cholecalciferol (Vit. D3), Biotin, Cyanocobalamin (Vit. B12), Sodium Metavanadate, Nickel Sulfate.

Suggested Use: Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

Caution: If you are pregnant or nursing a baby, taking any medication, or have a medical condition, consult a doctor before taking this product.

Keep out of reach of children.

Store at room temperature. Keep bottle tightly closed.

Previous formula contained 500 IU Vitamin D; this formula contains 1000 IU Vitamin D.

Questions or comments? 1-866-703-4222

Do not use if printed seal under cap is broken or missing

Gluten Free

Distributed By

Perrigo®

Allegan, MI 49010

CODE AREA

• no varnish • no color

: 4A702 C2 F3

GOODSENSE®

30 Nutrients

Everyday support to help promote the health of adults 50+ **

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nutritional support with important nutrients for adults 50+

Heart Health**: Vitamins B6, B12, Folic Acid and Lycopene help support heart health.**

Brain Health†**: †B-vitamins and Zinc help support normal brain function through their roles in carbohydrate metabolism.**

Eye Health**: Lutein, Zinc and vitamins A, C, and E help support healthy eyesight.**

Overall Well-being: Essential nutrients important for the body to help fill nutritional gaps.

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CENTURY MATURE

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Adults 50+

Multivitamin/Multimineral Supplement

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Compare to Centrum® Silver® Adults 50+ ingredients

100% SATISFACTION GUARANTEED

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