

21ST
CENTURY®



10%
FREE

VITAMIN SUPPLEMENT

PROLONGED RELEASE

B-12

1000 mcg

New!

Promotes Tissue Growth & Maintenance and
is Essential for Red Blood Cell Formation*

Easy-to-Swallow Smaller Tablet ~~110~~ 100 Tablets

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Gluten Free. No Added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.



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Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV†
Vitamin B-12 (as Cyanocobalamin)	1000mcg 16667%
Calcium (as Calcium Carbonate)	100 mg 10%

† Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Stearic Acid, Hydroxypropyl Methylcellulose, Silicon Dioxide, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROUDLY MANUFACTURED BY
21ST Century HealthCare, Inc.
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www.21stcenturyvitamins.com



21st Century®...for a healthier future.

Vitamin B-12 1000 mcg

21ST Century Vitamin B-12 (Cyanocobalamin) promotes maintenance and growth of tissue and is essential for red blood cell formation.* Prolonged release vitamins slowly release nutrients into the body over an extended period of time.*

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