

21<sup>ST</sup>  
CENTURY®



10%  
FREE

VITAMIN SUPPLEMENT

**B-12**  
500 mcg

**New!**

Promotes Tissue Growth & Maintenance and  
is Essential for Red Blood Cell Formation\*

Easy-to-Swallow Smaller Tablet • ~~110~~ 100 Tablets

**Directions:** Take one (1) tablet daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

**Gluten Free.** No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors.



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**Supplement Facts**

Serving Size: 1 Tablet

| Amount Per Serving                          | % DV† |
|---------------------------------------------|-------|
| Vitamin B-12<br>(as Cyanocobalamin) 500 mcg | 8333% |
| Calcium (as Calcium Carbonate) 100 mg       | 10%   |

† Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21<sup>ST</sup> Century HealthCare, Inc.  
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21st Century®...for a healthier future.

**Vitamin B-12 500 mcg**

21st Century® Vitamin B-12 (Cyanocobalamin) promotes maintenance and growth of tissue and is essential for red blood cell formation.\*

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