

Directions: As a dietary supplement, take 2 capsules three times daily, or as directed by your health care professional.

Store in a cool, dry place

Lot 201413468
Exp. 03/2019

Christopher's Original Formulas
1-800-453-1406
www.drchristopher.com

Manufactured By:
Wholistic Botanicals L.L.C.
Spanish Fork, Utah 84660
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Christopher's

Original

Formulas



John R. Christopher

Dietary Supplement

Complete Tissue & Bone

BF&C Reformulated for Internal Consumption
100 Vegetarian Caps 440 mg each

Supplement Facts

Serving Size	2 Capsules
Serving Per Container	50

Amount Per Serving	% Daily Value
880 mg	

Proprietary Blend:

Wildcrafted White Oak Bark, Wildcrafted Lungwort Herb, Wildcrafted Slippery Elm Bark, Wildcrafted Marshmallow Root, Wildcrafted Mullein Leaf, Wildcrafted Black Walnut Leaf, Wildcrafted Gravel Root, Wildcrafted Wormwood Herb, Organic Plantain Leaf, Wildcrafted Skullcap Herb, Wildcrafted Lobelia Herb & Aloe Vera Gel Powder 100:1.

*Daily Value not established

Other Ingredients:
Plant-derived capsule

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.