

more milk plus capsules



Motherlove's best-selling more milk plus alcohol free liquid concentrate in vegetarian capsules designed to support breast milk supply for breastfeeding mothers.
Not for use during pregnancy.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

ingredients

fenugreek seed*, blessed thistle herb*, nettle leaf*, fennel seed*, non-GMO soy lecithin, modified vegetable cellulose, medium chain triglycerides

*Certified Organic Ingredients

This product does not contain any milk, dairy, egg, fish, shellfish, peanuts, wheat, or gluten.

The following are possible side effects. Discontinue use if adverse side effects appear. Fenugreek may cause upset stomach or excessive gas in mother or baby, may lower blood sugar, may cause break through menstrual bleeding, may lower the thyroid hormone T3 and should be avoided by women with hypothyroidism.

suggested use

Take 1 capsule 4 times per day. Women over 175 lbs take 2 capsules 3 times per day. May be taken with 1-2 oz. of liquid. Avoid additional liquids 15 minutes before and after each use.

Supplement Facts

Serving Size: 2 Capsules
 Servings Per Container: 60

Amount Per Serving	
Proprietary Extract Blend	1150 mg *
Fenugreek Seed [†] *	
Blessed Thistle Herb [†] *	
Nettle Leaf [†] *	
Fennel Seed [†] *	

* Daily Value Not Established

OTHER INGREDIENTS: SOY LECITHIN*, MODIFIED VEGETABLE CELLULOSE*, MEDIUM CHAIN TRIGLYCERIDES* (DERIVED FROM COCONUT (TREE NUT) AND/OR PALM KERNEL OIL)

MANUFACTURED FOR:
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[†]Certified Organic Ingredient *Non-GMO Ingredient
 One capsule contains 333 mg of dry herb equivalence.