

Lecithin is the popular name for a compound mixture known as phosphatides. Our lecithin supplement provides three forms of phosphatides to support memory function and learning. In addition, lecithin promotes health of the liver and the reproductive system.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LECITHIN

1,200 mg

Derived From Soy

Promotes Liver and Reproductive Health†

Dietary Supplement

100 SOFTGELS



Supplement Facts

Serving Size 1 Softgel

Servings Per Container 100

Amount Per Serving	% Daily Value
Lecithin (from soy)	1,200 mg *
Typical Analysis:	
Phosphatidyl Choline (from soy)	180 mg *
Phosphatidyl Inositol (from soy)	102 mg *
Phosphatidyl Ethanolamine (from soy)	144 mg *

* Daily Value not established.

Other Ingredients: Capsule (gelatin), glycerin, soybean oil.

SUGGESTED USE: Take one or more softgels daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

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7