

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Consuming a low fat, high fiber diet has positive health benefits. Our **Super Fiber Tabs** includes three sources of fiber, supporting colon health and regularity by adding fiber and bulk to the diet.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SUPER FIBER TABS

Supports Colon Health and Regularity†

Dietary Supplement

100 VEGETARIAN TABLETS



Supplement Facts

Serving Size 3 Tablets

Servings Per Container 33.3

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrates	2 g
Dietary Fiber	2 g
Oat Fiber	1,350 mg *
Guar Gum	450 mg *
Psyllium Husks	450 mg *

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate, (vegetable source), stearic acid (vegetable source).

SUGGESTED USE: Take three tablets, 30 minutes prior to meals with at least 8 oz. of water. Because this product contains fiber, it is recommended to consume adequate fluids throughout the day.

NOTICE: This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing.

KEEP OUT OF REACH OF CHILDREN.

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