

Swanson® Condition Specific Formulas

Gastric Essentials

Herbal Supplement



60 veggie capsules

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one veggie capsule two times per day, before breakfast and lunch.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications or have a medical condition, especially ulcers or gallbladder problems.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

Angelica Root (Angelica archangelica)	50 mg	*
Cardamom Seed (Elettaria cardamomum)	50 mg	*
Dandelion Root (Taraxacum officinale)	50 mg	*
Gentian Root (Gentiana lutea)	50 mg	*
Goldenseal Root (Hydrastis canadensis)	50 mg	*
Licorice Root (Glycyrrhiza glabra)	50 mg	*
Marshmallow Root (Althaea officinalis)	50 mg	*
Meadowsweet (Filipendula ulmaria) (leaf and stem)	50 mg	*
Slippery Elm Bark (Ulmus rubra)	50 mg	*
Prickly Ash Bark (Zanthoxylum americanum)	50 mg	*
Ginger Root (Zingiber officinale)	25 mg	*
Betaine HCl	25 mg	*
Protease 4.5	25 mg	*

*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), rice bran, silica, rice extract.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS** • PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



SWC099
5