

A truly synergetic blend of vegetarian based calcium and magnesium complex with a nice citrus flavor. The minerals and vitamins are perfectly balanced in a highly absorbable liquid formula. A near perfect balance of nutrients that are good for the body!

## Health Through Nature

Always consult a healthcare professional before taking any nutritional supplement.

Do not use if inner seal is missing or damaged.

Store at Room Temperature  
Shake Vigorously Before Using  
Minerals Will Settle To Bottom - This is Normal!  
Refrigerate After Opening

**Other Ingredients:** Purified water, xylitol, natural flavor, potassium sorbate (as a preservative), and citric acid.

**RECOMMENDED USE:** Shake vigorously before use. Adults, 1 to 2 ounces daily - Children over 12 years of age, 1/2 oz daily or as directed. Great mixed with other juices and in smoothies.

**California Academy of Health (CAOH)**  
Web: [www.caoh.com](http://www.caoh.com) Email: [info@caoh.com](mailto:info@caoh.com)  
Phone: 800-643-7188 (Made in the USA)

# Liquid Calmag Calcium & Magnesium Vitamin Mineral Complex



**Vegetarian**

High Absorption Dietary Supplement  
32 Fluid Ounces (960 ml)

### Supplement Facts<sup>#</sup>

**Serving Size:** One (1) Fluid Ounce (30 ml)

**Servings Per Container:** 32 (960 ml)

|                                | Amount<br>Per Serving | % Daily<br>Value* |
|--------------------------------|-----------------------|-------------------|
| Calories                       | 5                     |                   |
| Total Carbohydrates            | 2 g                   | <1%               |
| Sugars                         | 2 g                   | 0%                |
| Cal & Mag Blend 1650           |                       |                   |
| Calcium (Citrate)              | 370 mg                | 37%               |
| Magnesium (Citrate)            | 120 mg                | 30%               |
| Vitamin D (as Cholecalciferol) | 400 IU                | 100%              |
| Boron (Citrate)                | 750mg                 | **                |
| Manganese (Chelate)            | 10 mg                 | 50%               |
| Aloe Vera Gel (200:1 Extract)  | 2 mg                  | **                |

\* Percent Daily Values are based on 2000 Calorie diet.

\*\* Percent Daily Value not established.

# These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

