



# Alka-Tone

Ultimate Alkalizing Formula  
for Endurance & Recovery

with **Alka-Plex**  
TECHNOLOGY™  
Dietary Supplement

Berry Flavor



Net Wt 30-0.1 oz (3.8 g) stick packets

**SUGGESTED USE:** As a dietary supplement, empty contents of one stick pack into 12-16 ounces of water, mix well and consume immediately.

The Alka-Plex™ technology used to produce the unique Alka-Tone formula holds the active ingredients in a solid crystalline matrix designed to optimize absorption through controlled release within the body. The granules are not intended to dissolve completely within water. For best results, shake or stir periodically to prevent settling.

## Supplement Facts

Serving Size 1 Stick Packet 0.1 oz (3.8 g)  
Servings Per Container 30

| Amount Per Serving                      | % Daily Value   |
|-----------------------------------------|-----------------|
| Calories                                | 5               |
| Total Carbohydrate                      | 1 g <1%†        |
| Vitamin B-6 (as pyridoxine HCl)         | 2 mg 118%       |
| Vitamin B-12                            | 500 mcg 20,833% |
| (as cyanocobalamin)                     |                 |
| Calcium (from Alka-Plex™)               | 450 mg 35%      |
| Sodium (from sodium citrate)            | 160 mg 7%       |
| Potassium                               | 132 mg 3%       |
| (from potassium citrate and Alka-Plex™) |                 |

Alka-Plex™ pH Proprietary Blend 2 g  
(calcium carbonate, potassium hydroxide,  
magnesium hydroxide)

†Percent Daily Values are based on a 2,000  
calorie diet.

\*Daily Value not established.

Other ingredients: Natural flavor (rice flour, strawberry  
flavor), silica, stevia leaf extract (stevia rebaudiana),  
beetroot powder.

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TO REORDER, CALL TOLL FREE 1-800-433-6148  
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of pH Sciences™.

## Energize • Tone • Balance

Alka-Tone from Swanson® pH Balance fuels your active lifestyle with the advanced alkalizing power of Alka-Plex Technology™. Alka-Plex™ represents the state-of-the-art in pH science with its patented blend of alkaline minerals micronized for rapid uptake and utilization.

Unlike typical sports drinks and electrolyte powders, Alka-Tone contains no added sugars, no chemical colors, no unnecessary additives of any kind. Alka-Tone includes a full 2 g of the exclusive Alka-Plex™ alkalizing mineral blend, plus hydrating electrolytes and energizing B vitamins to support your body during active or high-stress conditions.

Alka-Tone is great for active people of all ages. Before, during or after exercise...hectic days at the office...fun-filled days at the beach—any time is a great time for Alka-Tone. Just mix a packet in water and go! Feel the fun, feel the energy, feel your best with Alka-Tone.

## Alka-Tone

Ultimate Alkalizing  
Formula for Endurance  
& Recovery

- No artificial sweeteners, colors or flavors
- No added sugar
- No caffeine
- No preservatives

**Alka-Plex**  
TECHNOLOGY™



SWB005