

ESTABLISHED
— 1971 —

Country
Life

COENZYME B-COMPLEX CAPS

Certified Gluten-Free

- NOW with Methylfolate
- Supports Energy**

Dietary Supplement **240** Vegetarian Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care provider.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 120

Amount Per Serving	% Daily Value
Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	50 mg 1,120%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg 2,470%
Niacin (as inositol hexaniacinate)	100 mg 500%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	80 mg 4,000%
Folate (as folic acid, (6S)-5-Methyltetrahydrofolate-glucosamine salt)	800 mcg 200%
Vitamin B12 (as dibenzoyl, methylcobalamin)	500 mcg 8,330%
Biotin (as d-Biotin)	200 mcg 67%
Pantothenic Acid (as pantothen, calcium d-pantothenate)	50 mg 500%
Inositol (from Inositol Hexaniacinate)	25 mg *
Phosphatidylcholine (from Soy Lecithin)	40 mg *
PABA (para-aminobenzoic acid)	50 mg *
alpha-Lipoic Acid	100 mg *

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, silica, L-leucine. Contains soy.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6416

Coenzyme B-Complex contains essential B vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years now includes Methylfolate (Quatrefolic®) — the most advanced form currently available. And as always, you don't need to worry about the typical Vitamin B taste or odor.

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST OR WHEAT
YES CERTIFIED VEGETARIAN BY THE AVA	NO MILK OR SUGAR
YES RECYCLABLE PACKAGING	NO PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS
YES KOSHER	NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility. Quatrefolic® is a registered trademark of Gnosis, SpA. Covered by one or more claims of U.S. Patent # 7,947,662 CAS# 1181972-37-1. Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Lot No:

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Best by:



Quatrefolic®