

**Other Ingredients:** Fructose, Citric Acid, Blueberry Powder (color and flavor), Maltodextrin. **Contains <2% of:** Acacia, Fruit & Vegetable Juice Concentrate (carrot, hibiscus) (color), Malic Acid, Natural Flavors, Rebudioside A (extracted and purified from natural stevia leaf), Silicon Dioxide, Sugar.  
As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.  
Not formulated for use in children.  
**Keep out of reach of children.**  
Store at room temperature. Protect from moisture.  
Do not use if packet seal is torn or broken.

Distributed by: Alacer Corp.  
Carlisle, PA 17013  
Consumer Line: 1.888.425.2362  
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PA0096886

**Directions:** Adults, one (1) to two (2) packets per day. Can take 2 packets at a time. Empty contents of one packet into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use.

**Supplement Facts** Serv. size: 1 Packet (9.4 g). (Multiply amounts by 2 if taking two (2) packets per day). **Amount Per Serving:** Calories 35, Total Carb 8 g (2% DV), Total Sugars 7 g<sup>†</sup> incl. 6 g Added Sugars, 12% DV, Vitamin C (as ascorbic acid) 250 mg (27% DV), Thiamin (as thiamine hydrochloride) (Vit. B1) 0.38 mg (32% DV), Riboflavin (as riboflavin-5'-phosphate) (Vit. B2) 0.43 mg (33% DV), Niacin (Vit. B3) 4 mg (25% DV), Vitamin B6 (as pyridoxine hydrochloride) 10 mg (58% DV), Folate (Vit. B9) 167 mcg DFE (10% DV), Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate) 200 mg (4% DV), Phosphorus (as monobasic calcium phosphate, monobasic sodium phosphate) 38 mg (3% DV), Magnesium (as magnesium hydroxide, magnesium carbonate) 55 mg (13% DV), Sodium (as sodium bicarbonate, monobasic sodium phosphate) 70 mg (3% DV), Caffeine (from green tea leaf) 50 mg<sup>†</sup>. Percent Daily Values (DV) are based on a 2,000 calorie diet. \*Daily Value not established. Electrolytes

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## Supplement Facts

Serving Size 1 Packet (9.4 g)

	Per Packet Amount % DV	Per Day (2 Packets) Amount % DV
Calories	35	70
Total Carbohydrate	8 g 3% <sup>†</sup>	16 g 6% <sup>†</sup>
Total Sugars	7 g *	14 g *
Includes Added Sugars	6 g 12% <sup>†</sup>	12 g 24% <sup>†</sup>
Vitamin C (as ascorbic acid)	250 mg 278%	500 mg 556%
Thiamin (as thiamine hydrochloride) (Vit. B1)	0.38 mg 32%	0.76 mg 63%
Riboflavin (as riboflavin-5'-phosphate) (Vit. B2)	0.43 mg 33%	0.86 mg 66%
Niacin (Vit. B3)	4 mg 25%	8 mg 50%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg 588%	20 mg 1,176%
Folate (Vit. B9)	167 mcg DFE (100 mcg Folic Acid) 42%	334 mcg DFE (200 mcg Folic Acid) 84%
Vitamin B12 (as cyanocobalamin)	25 mcg 1,042%	50 mcg 2,083%
Pantothenic Acid (as calcium pantothenate) (Vit. B5)	2.5 mg 50%	5 mg 100%
Calcium (as calcium carbonate, monobasic calcium phosphate, calcium pantothenate) <sup>‡</sup>	48 mg 4%	96 mg 7%
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate) <sup>‡</sup>	38 mg 3%	76 mg 6%
Magnesium (as magnesium hydroxide, magnesium carbonate) <sup>‡</sup>	55 mg 13%	110 mg 26%
Sodium (as sodium bicarbonate, monobasic sodium phosphate) <sup>‡</sup>	70 mg 3%	140 mg 6%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate) <sup>‡</sup>	200 mg 4%	400 mg 9%
Caffeine (from green tea leaf)	50 mg *	100 mg *

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet. \*Daily Value (DV) not established. <sup>‡</sup> Electrolytes

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**Emergen-C**  
**energy**<sup>PLUS</sup>

**Energy Redefined!**

Now you can personalize your energy with 1 or 2 packets.

Adults, one (1) to two (2) packets per day. Can take 2 packets at a time.

Can be taken with other Emergen-C products. Excludes Emergen-Zzzz products.



**Emergen-C**

**energy**<sup>PLUS</sup>

Focus your Mind + Revitalize your Body

with Natural Caffeine from Green Tea\*

Plus 7 B Vitamins & Vitamin C

Blueberry-Acai  
Flavor with other Natural Flavors

8 packets  
8 - 0.33 OZ (9.4 g) PACKETS/  
NET WT. 2.64 OZ (75 g)

Fizzy Drink Mix

DIETARY SUPPLEMENT

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Emergen-C**  
**energy**<sup>PLUS</sup>

The "PLUS" in Emergen-C Energy + is for the mix of B vitamins, essential nutrients & immune-supporting Vitamin C we've added to support your overall well-being.\*

**Energy Plus Immune Support!**\*

Plus we used natural, real fruit flavors for deliciousness, in addition to natural caffeine from green tea.

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Store at room temperature. Protect from moisture.  
Carton contains individual packets. Do not use if packet seal is torn or broken.