



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum®
**Black
Sesame
Seed**

Herbal Supplement

60 capsules • 500 mg



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule one to two times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Black Sesame Seed 500 mg*
(Sesamum indicum)

*Daily Value not established.

Other ingredients: Gelatin, rice flour, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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