



SWANSON
NATURAL HEALTH PRODUCTS

Vitamin C

with Rose Hips Powder

Vitamin Supplement

Net Wt. 8.8 oz (250 g)



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take 1/2 teaspoon (1.25 g) one to two times per day. Stir into water or your favorite beverage.

Rose hips take vitamin C to a new level! One of nature's richest sources of vitamin C, rose hips contain powerful bioflavonoids that promote the absorption of vitamin C and multiply its effectiveness. Each serving provides 1,000 mg of vitamin C fortified with 200 mg of rose hips.

Supplement Facts

Serving Size 1.25 Grams

(1/2 tsp)

Servings Per Container 200

Amount Per Serving	% Daily Value
Vitamin C 1,000 mg	1,111%
USP (as ascorbic acid)	
Rose Hips 200 mg	

*Daily Value not established.

DISTRIBUTED BY
SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE
1-800-437-4148
or visit our website at
www.swansonvitamins.com

