

OMEGA SHRED™

SUGGESTED USE: Take 2 liquid softgels in the morning and 2 liquid softgels in the evening with 6–8 oz. water. To be used as part of a healthy lifestyle consisting of regular physical exercise and proper diet.



OMEGA SHRED™

LEAN SUPPORT SYSTEM*

> MCT Oil, CLA, and Omega-3s to Support an Athletic Lifestyle*

90 SOFTGELS

Dietary Supplement
1,000 mg

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Do not use if pregnant, nursing, or under the age of 18. Do not exceed recommended serving. Use only as directed. Consult with a health care practitioner before taking this or any dietary supplement, especially if you have or suspect you may have a medical condition, or are taking any medications, over-the-counter products, or other dietary supplements. Immediately discontinue use and contact your healthcare provider if you experience any adverse reactions. Do not use if tamper-resistant seal is broken. **KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.**

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Supplement Facts

Serving Size 2 liquid softgels
Servings Per Container 45

	Amount Per Serving	%DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Saturated Fat	1 g	4%**
Polyunsaturated Fat	0.5 g	†

Omega Shred™ Complex 1,000 mg †
Omega-3 [Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA)], Alpha Linolenic Acid (ALA), MCT Oil Complex [Lauric Acid, Oleic Acid, Myristic Acid, Linolenic Acid (LA), Caprylic Acid, Capric Acid], Conjugated Linoleic Acid (CLA), Gamma-Linolenic Acid (GLA)

** Percentage Daily Values are based on a 2,000 calorie diet.
† Daily Values (DV) are not established.

Other Ingredients: Fish oil (anchovy, sardine, mackerel), gelatin, medium chain triglycerides, glycerin, flaxseed oil, evening primrose oil, purified water, caramel (color)

Contains fish (anchovy, sardine, mackerel)

Manufactured exclusively for R2 Distribution™, LLC.
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