



Nutrition Facts

Serving Size 1 Scoop (8.6g)
Servings 30

Amount Per Serving

Calories 28
Calories from Fat 0

		% Daily Value*
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	7 mg	0%
Potassium	72 mg	2%
Total Carbohydrate	7 g	2%
Dietary Fiber	2 g	6%
Sugars	3 g	
Protein	<1 g	

Amount Per 1 Scoop (8.6g)

Vitamin A	450 IU	9%
Vitamin C	9.6 mg	16%
Calcium	8 mg	1%
Iron	0.14 mg	1%
Thiamin	0.02 mg	1%
Riboflavin	0.02 mg	1%
Niacin	0.16 mg	1%
Vitamin B6	0.04 mg	2%
Folate	8 mcg	2%
Phosphorus	8 mg	1%
Magnesium	12 mg	3%
Copper	0.02 mg	1%
Manganese	0.06 mg	3%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Fruit & Veggies 5 Proprietary Blend (apple, beet, apricot, banana, pumpkin, mango, red pepper, peach, pineapple, black cherry juice, green bean, green cabbage, collard greens, raspberry, strawberry, watermelon, cucumber, spinach, celery, carrot, broccoli), Citrisweet (oligofructose, fructose, vegetable protein isolate, natural flavors), citric acid, natural flavors, xanthan gum, luo han guo (*Siraitia grosvenori* fruit extract)...and LOVE♥

With the USDA and other health experts calling for 5-9 servings of fruits and vegetables a day, meeting the recommended intake has become nearly impossible. But **Animal Parade® Fruit & Veggies 5** makes it incredibly easy! **Fruit & Veggies 5** is a breakthrough drink, delivering up to 5 complete USDA servings of fruits and vegetables in each luscious, mixed fruit-flavored glass! Mixed with milk, soy milk, or juice, **Fruit & Veggies 5** makes an amazingly creamy, fruity shake. Treat your kids to **Animal Parade Fruit & Veggies 5** for healthy development and overall well-being!

DIRECTIONS: Mix up to 5 rounded scoops of **Fruit & Veggies 5** powder with water, juice, milk, skim milk or soy milk and enjoy. Each scoop provides one serving of fruits and veggies. See chart.

Serving of Fruits & Vegetables	Scoops	Water or Juice	OR	Milk
For 1 serving	Mix 1 scoop	into 4 oz. water		into 5 oz. skim,
For 2 servings	Mix 2 scoops	or juice		soy, or whole milk
For 3 servings	Mix 3 scoops			
For 4 servings	Mix 4 scoops	into 8 oz. water		into 10 oz. skim,
For 5 servings	Mix 5 scoops	or juice		soy, or whole milk

ANIMAL PARADE FRUIT & VEGGIES 5 MIXES INSTANTLY – NO BLENDER REQUIRED. VEGETARIAN, YEAST-FREE PRODUCT.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

Manufactured with LOVE♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**
Amityville, New York 11701, USA
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