

Magnesium promotes calcium intake & restores healthy magnesium levels in the body.

Magnesium plays a key role in the activation of amino acids for protein biosynthesis that is highly concentrated in the intracellular fluid and bone.

Safety: Do not use if safety seal is missing or damaged.

Health Through Nature & Science

Made in the U.S.A.

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Calm Magnesium Caps



Suggested Use: 2 Capsules Daily. 60 Day Supply.

Supplement Facts#

Serving Size:	Servings Per Bottle: 60	
	Amount Per Serving	% Daily Value
Magnesium	800 mg	200%
(Combination of Magnesium Aspartate, Citrate & Oxide)		

Other Ingredients: White Rice Flour, Vegetable Gelatin (Capsule).

Contains no yeast, dairy, egg, gluten, soy, sugars, starch, colorings or dyes.

** Percent Daily Value Not Established.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Use: 2 capsules daily. Start with one capsule and increase as needed. When bowels are comfortably loose - an optimal level is indicated.

