

- Provides 50 mg EPA/DHA omega-3s
- Features nutrients important for eye & brain health*
- Includes vitamin D-3 for healthy teeth & bones*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
Best if refrigerated after opening.

GNC
milestones®

kids

**Gummy DHA
For Kids 2-12**

Dietary Supplement

**Omega-3s +
Nutrients
Important for
Overall Health***



Gluten Free, No Dairy

Raspberry Lemon Natural Flavors



**120 GUMMIES
60 SERVINGS**

CODE 102823

DIRECTIONS: As a dietary supplement, parents may give each child, two to three years old, one (1) gummy vitamin per day. Parents may give each child, four years old or older, two (2) gummy vitamins per day. Instruct child to chew each gummy thoroughly.

Supplement Facts

Serving Size	1 Gummy	2 Gummies
Servings Per Container	120	60
Amount Per Serving	% Daily Value 2-3 Yrs.	% Daily Value 4 Yrs. & Up
Calories	10	20
Total Carbohydrate	2 g 1%†	4 g 1%†
Total Sugars	2 g *	3 g *
Includes 2 g/3 g Added Sugars	8%‡	6%‡
Vitamin A (as Retinyl Palmitate)	75 mcg RAE 25%	150 mcg RAE 17%
Vitamin C (as Ascorbic Acid)	3 mg 20%	6 mg 7%
Vitamin D (as Cholecalciferol D-3)	2.5 mcg (100 IU) 17%	5 mcg (200 IU) 25%

Amount Per Serving	% Daily Value 2-3 Yrs.	% Daily Value 4 Yrs. & Up
Vitamin E (as d-alpha-Tocopheryl Acetate)	1 mg 17%	2 mg 13%
Sodium	0 mg 0%	5 mg <1%
Total Omega-3 Fatty Acids	50 mg *	100 mg *
EPA/DHA (from Purified Fish Oil Concentrate)	25 mg *	50 mg *
ALA (from Flaxseed Oil) (Plant Based)	25 mg *	50 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

‡ Percent Daily Values are based on a 1,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin; Less than 2% of: Canola Lecithin, Citric Acid, Colors (Blueberry and Carrot Concentrates, Purple Carrot Juice Concentrate, Turmeric), Fumaric Acid, Lactic Acid, Natural Flavors.

CONTAINS: Fish (Anchovy and/or Sardine with Mackerel and/or Herring).

WARNING: Take only as directed. Do not exceed suggested dosage. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Do not use if inner seal is missing or broken. Do not expose to excessive heat or moisture. Colors will darken over time. This does not alter the potency of the product. This product should only be fed to seated, supervised children who are accustomed to chewing solid foods.

This product uses high-quality, purified fish oil that has been tested for mercury and PCBs.

No Dairy, No Peanuts, Gluten Free.

Processed in a facility with products that contain egg, fish, shellfish, soy and tree nuts.



**GLUTEN
FREE**

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