



VitalRemedyMD
 Medically Directed
 Vitamins & Supplements
www.vitalremedymd.com

SUPPLEMENT FACTS

Serving Size: 2 Vegetarian Tablets
 Servings Per Container: 30

AMOUNT PER SERVING	%DV
Vitamin A (as Beta Carotene)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	60 mg 100%
Vitamin D-3 (as Cholecalciferol)	600 IU 150%
Vitamin E (as d-Alpha Tocopheryl Acetate and Natural Mixed Tocopherols)	30 IU 100%
Vitamin K (as Menaquinone-7 and Phytonadione)	80 mg 100%
Vitamin B-1 (as Thiamine Mononitrate)	1.5 mg 100%
Vitamin B-2 (as Riboflavin)	1.7 mg 100%
Vitamin B-3 (as Niacin and Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 100%
Biotin	300 mcg 100%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 100%
Calcium (as Calcium Carbonate and Calcium Citrate)	500 mg 50%
Iodine (as Potassium Iodine)	150 mcg 100%
Magnesium (as Magnesium Oxide and Magnesium Amino Acid Chelate)	400 mg 100%
Zinc (as Zinc Amino Acid Chelate)	15 mg 100%
Selenium (as Selenium Amino Acid Chelate)	70 mcg 100%
Copper (as Copper Amino Acid Chelate)	2 mg 100%
Manganese (as Manganese Amino Acid Chelate)	2 mg 100%
Chromium (as Chromium Amino Acid Chelate)	120 mcg 100%
Molybdenum (as Molybdenum Amino Acid Chelate)	75 mcg 100%
Potassium (as Potassium Chloride)	51 mg 1%
Chloride (as Potassium Chloride)	46 mg 1%
Lycopene	6 mg **
Boron (as Boron Amino Acid Chelate)	3 mg **

** Daily Value not established

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Hypromellose, Polydextrose, Titanium Dioxide, Talc, Maltodextrin, Medium Chain Triglycerides and Caramel.

All VitalRemedyMD formulations start with **USP Pharmaceutical Grade Quality** ingredients, **chelated** minerals that enhance absorption and bioavailability, **natural color** coating which avoids lead and other toxins. Finished products undergo **assay** to ensure safety, purity and content.

*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

The **Daily2Tab** - two vegetarian tablets taken daily with food – provides:

- A complete and balanced formula of all the essential vitamins and minerals.
- Calcium (500 mg), vitamin D, vitamin K1/K2, and magnesium to support bone health. Additional calcium supplementation is advised only on an individual basis when indicated by your physician.
- Magnesium – a vital nutrient that is required for more than 350 enzymes in the body to function, and for healthy maintenance of bones, arteries, heart, nerves, and teeth. A staggering 80% of the population is deficient in this mineral!
- VitalRemedyMD uses only natural vitamin E (d-alpha/mixed Tocopherols) NOT synthetic (dl-alpha Tocopherols).
- Minerals are chelated for optimal absorption.
- Lycopene, the carotenoid found in tomatoes, is included at 6 mg daily because of its powerful antioxidant properties and ability to promote heart and prostate health.*

VitalRemedyMD offers a superb and scientifically based multivitamin and mineral formulation called the **Daily2Tab**. It is not necessary to customize a daily multivitamin; it should simply provide the full range of vitamins and minerals truly proven essential to human health in a balanced formulation. We have intentionally limited the quantities of each element in our daily multivitamin to at most 100% of the RDV to provide a sound foundation to a healthful varied diet.