

Absolute Pomegranate Powder™

**Certified Organic & Kosher
Pure Freeze Dried Pomegranate
Punica granatum L.**



CAOH[®]

Net Weight 8.0 oz - 227g



Absolute Pomegranate Powder™ is Naturally Perfect!

Made from organically grown, hand harvested, freeze dried Punica granatum L. Absolute Pomegranate Powder™ is just that, pure, unadulterated organic pomegranate powder!

CAOH® pomegranates are sustainably grown in the warm environment of India. Once harvested, the juicy seeds of the fruit are dried and then milled into fine powder. CAOH® Absolute Pomegranate Powder™ is made from organic pomegranates, and is raw, kosher, vegan, and gluten-free.

Suggested Serving: 2-3 tbsp per day. Each level scoop equals approximately 6 grams. Can be sprinkled on food or mixed in your favorite beverage.

Usage Tips: Absolute Pomegranate Powder™ is great blended into a protein shake or fruit smoothie. It also mixes into yogurt well. To more easily mix it into juice, soften it a bit first by putting the powder in a glass with a few tablespoons of warm (not hot) water and mixing. Then add your juice to the glass and mix. Note: This is freeze dried fruit/berry powder - it is not water soluble! It's like adding fruit pulp to juice.

Warning: Please discard the inedible freshness packet.

Organic Freeze Dried Pomegranate from India - Packaged In The USA

California Academy of Health (CAOH)

Phone: 800-643-7188 **Web:** www.caoh.com **Email:** info@caoh.com
Certified Organic by Organic Certifiers

Nutrition Facts#

Serving Size: 2 tbsp (15 g) Serving Per Bag: 15

Calories: 50

Calories From Fat: 0

	Amount Per Serving	% Daily Value	
Total Fat	0 g	0%	
Saturated Fat	0 g	0%	
Trans Fat	0 g	0%	
Sodium	35 mg	1%	
Total Carbohydrates	13 g	1%	
Dietary Fiber	0 g	0%	
Sugars	3.0 g	0%	
Potassium	57 mg	2%	
Vitamin A	0%	Vitamin C	4%
Calcium	0%	Iron	1%

** Percent Daily Value Not Established and Based on a 2000 Calorie Diet.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

INGREDIENTS: organic freeze dried pomegranate (Punica granatum L.).



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