

One 'n' Only™ Women is not just a multiple, but a complete nutritional system, combining ideal forms and potencies of vitamins and minerals with superb blends of SuperFoods, Superior Herbs, bioflavonoids, and uniquely feminine factors like ipriflavone and kudzu root. Its total whole food value exceeds 23,000 mg, which is vastly more than other one-dailies. These whole foods create a synergy that makes One 'n' Only™ Women not just a multiple, but a profound nutritional experience that you'll feel nearly at once.*

Storage: Keep tightly closed at room temperature.

Caution: Please keep all supplements out of children's reach.

Guarantee: One 'n' Only™ Women does not contain artificial colorings or flavorings, GMOs, sugar, yeast, dairy, gluten, wheat, peanuts, tree nuts, or shellfish, and is suitable for vegetarians. It is guaranteed to your complete satisfaction. If you are anything less than delighted, return the unused portion with receipt to your authorized retailer for a complete refund.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Pure
ESSENCE LABS

**One 'n' Only™
Women**

Uniquely Feminine Formula

**30
TABLETS**

MULTIVITAMIN &
MINERAL DIETARY
SUPPLEMENT

23,700 mg
Whole Food Value

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%DV
Vitamin A (as beta carotene)	4500 mcg	500%
Vitamin C (as Calcium ascorbate)	120 mg	133%
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate, and gamma, delta, and beta tocopherols)	67 mg	447%
Thiamine (Vitamin B1) (as thiamine mononitrate, cocarboxylase)	23.25 mg	1938%
Riboflavin (Vitamin B2) (as riboflavin, riboflavin 5-phosphate)	25.5 mg	1962%
Niacin (as niacin, niacinamide)	30 mg	188%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	31.5 mg	1853%
Folate (folic acid)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	100 mcg	4167%
Biotin (as d-biotin)	300 mcg	1000%
Pantothenic acid (as d-calcium pantothenate, pantethine)	30 mg	600%
Iron (as Iron bis-glycinate)	9 mg	50%
Iodine (from North Atlantic kelp)	150 mcg	100%
Magnesium (as Magnesium oxide, citrate)	25 mg	6%
Zinc (as Zinc lactate)	15 mg	136%
Selenium (as Selenium l-methyl selenocysteine)	150 mcg	273%
Copper (as Copper sebacate)	1 mg	111%
Manganese (as Manganese citrate)	2 mg	87%
Chromium (as Chromium polynicotinate)	200 mcg	571%
Molybdenum (as Molybdenum glycinate)	75 mcg	167%

	Amount Per Serving	%DV
SuperFood Complex	293 mg	*
Chlorella, Organic Spirulina, Organic Oat grass juice extract, North Atlantic kelp (stem and leaf), Sodium copper chlorophyllin		
Herbal Extracts	210 mg	*
Codonopsis extract (root), Chaste tree extract (fruit), Dong quai extract (root), Astragalus extract (root), Milk thistle extract (fruit and seed), Schizandra extract (fruit and seed), White peony extract (root)		
Female Support Factors	160 mg	*
Ipriflavone, German chamomile extract (aerial parts), Kudzu extract (root), Raspberry extract (leaf)		
Immune Factors	115 mg	*
Cordyceps extract (mycelia), Aloe vera extract (leaf), Agaricus blazei murrill extract (fruiting body), Maitake extract (fruiting body), Reishi extract (mycelia), Shiitake extract (fruiting body), Turkey tail extract (fruiting body)		
Co-Nutrients	70 mg	*
Mixed tocopherol complex, Inositol, Phosphatidylcholine		
Fruit Extracts	60 mg	*
Strawberry fruit extract, Blueberry fruit extract, Blackberry fruit extract, Cranberry fruit extract, Grape fruit extract, Pomegranate fruit extract, Acerola cherry fruit extract, Mangosteen fruit extract		
Bioflavonoids	30 mg	*
Hesperidin (from citrus sinensis), Quercetin (from Japanese Sophora bud extract), Rutin extract (from Sophora japonica L. bud)		
Digestive Aids/Enzymes	17.5 mg	*
Protease, Amylase, Cellulase, Lactase, Lipase, Invertase, Black pepper fruit extract (BioPerine®)		
Minerals	520 mcg	*
Boron (as Boron glycinate), Vanadium (as Vanadium glycinate)		

*Daily Value (DV) not established.

Suggested Use: One tablet daily. May be taken with a meal or on an empty stomach.

Other Ingredients: cellulose, stearic acid, croscarmellose sodium, silicon dioxide, l-leucine.

Contains: Soy

Distributed By: Pure Essence Laboratories, Inc., P.O. Box 95397, Las Vegas, NV 89193

BioPerine® is a registered trademark of Sabinsa Corp.

WARNING:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

EXPIRATION & LOT #

1-01603-004