

Nature's Plus® The Energy Supplements®

SPIRU-TEIN®

HIGH PROTEIN ENERGY WAFERS*

CHOCOLATE

WITH NATURAL DUTCH COCOA

Complete Broad Spectrum

Protein Complex

With Spirulina, Oat Bran, Apple Pectin,
Bee Pollen, Enzymes, Vitamins and Minerals

90 WAFERS



Nutrition Facts

Serving Size 6 Wafers
Servings Per Container 15

Amount Per Serving

Calories 150 Calories from Fat 0

%Daily Value*

Total Fat 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 390 mg **16%**

Potassium 220 mg **6%**

Total Carbohydrate 21 g **7%**

Dietary Fiber 3 g **12%**

Sugars 17 g

Other Carbohydrate 1 g

Protein 14 g **28%**

*Percent Daily Values are based on a 2,000 calorie diet.

Amount Per Serving

Vitamin A 5000 IU 100%

Vitamin C 60 mg 100%

Calcium 600 mg 60%

Iron 4.5 mg 25%

Vitamin D 400 IU 100%

Vitamin E 30 IU 100%

Thiamin 1.5 mg 100%

Riboflavin 1.7 mg 100%

Niacin 20 mg 100%

Vitamin B6 2 mg 100%

Folic Acid 400 mcg 100%

Vitamin B12 6 mcg 100%

Biotin 300 mcg 100%

Pantothenic Acid 10 mg 100%

Phosphorus 300 mg 30%

Iodine 150 mcg 100%

Magnesium 80 mg 20%

Zinc 15 mg 100%

Selenium 21 mcg 30%

Manganese 5 mg 250%

Chromium 21 mcg 20%

Molybdenum 21 mcg 30%

Each serving also contains the following:

Inositol 50 mg
Choline (bitartrate) 21 mg

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), calcium caseinate, cocoa, milk protein concentrate, tri-calcium phosphate, psyllium seed husk, fructose, guar gum, magnesium oxide, natural vanilla flavor, magnesium stearate, vitamin C, d-alpha tocopheryl acetate, inositol, choline bitartrate, potassium chloride, biotin, niacinamide, vitamin A palmitate, zinc oxide, ferrous fumarate, manganese sulfate, calcium pantothenate, pyridoxine HCl, riboflavin, thiamine HCl, cellulose, spirulina, oat bran, lecithin, lemon bioflavonoids, apple pectin, bee pollen, chlorophyll, bromelain, papaya, vitamin B-12, ergocalciferol, folic acid, potassium iodide, sodium selenite, chromium chloride, sodium molybdate...and LOVE ♥



SPIRU-TEIN is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans – As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Chocolate SPIRU-TEIN Wafers supplies 6.25 grams of soy protein.

DIRECTIONS: As a dietary supplement, chew six delicious **CHOCOLATE SPIRU-TEIN WAFERS** along with an 8 oz. glass of water or skim milk.

*Not to be used as the sole source of dietary calories.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Nature's Plus CHOCOLATE SPIRU-TEIN WAFERS feature a unique blend of ingredients, including...

- **SUPERIOR TRI-PART PROTEIN BLEND:****
Rice, Pea, Soy
- **100% DAILY VALUE** of all Vitamins
- **BROAD PROFILE** of all Essential Minerals
- **ENERGY NUTRIENTS:** High Quality Tri-Part Protein and Bee Pollen
- **DIET-AIDS:** Lecithin, Spirulina, Choline and Inositol
- **ENZYMES:** Bromelain and Papaya
- **CLEANSING:** Chlorophyll
- **FIBER:** Bran, Cellulose and Apple Pectin

CHOCOLATE SPIRU-TEIN WAFERS are free from the common allergens yeast and wheat.

NOTICE: This package contains a desiccant to maintain product freshness. IT IS NOT MEANT TO BE SWALLOWED.

**** Patents Pending**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**
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