



# EMPowerplus™ Advanced



## Daily multi-vitamin replacement

Clinically formulated nutritional support  
for mental and physical well-being

**120**  
CAPSULES

Dietary supplement



**TRUEHOPE EMPowerplus** is a unique and safe combination of 36 nutrients designed to provide nutritional support for the central nervous system.\*

**Suggested use:** Actual dosage may vary, but we recommend starting with 2 capsules twice daily. Contact Truehope at 1.888.878.3467 to receive a dosage specific to your needs.

**Note:** Consult a physician familiar with EMPowerplus prior to use if you are taking psychotropic medication. Pregnant or lactating women and people with serious medical conditions should consult with a physician prior to use.

**Phenylketonurics:** contains phenylalanine.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Reorder online or toll-free:**

truehope.com  
1-888-TRUEHOPE (878-3467)  
Made in U.S.A.

**Manufactured for:**

Truehope  
Box 1565, Fallon, NV  
89407

## Supplement facts

Serving size: 2 capsules  
Servings per container: 60

| Amount per serving                          | % DV        |
|---------------------------------------------|-------------|
| Vitamin A (as retinyl palmitate)            | 768 IU 16   |
| Vitamin C (as ascorbic acid)                | 80 mg 134   |
| Vitamin D (as cholecalciferol)              | 192 IU 48   |
| Vitamin E (as d-alpha tocopheryl succinate) | 48 IU 160   |
| Thiamin (as thiamin mononitrate)            | 2.4 mg 160  |
| Riboflavin                                  | 1.8 mg 106  |
| Niacin (as niacinamide)                     | 12 mg 60    |
| Vitamin B6 (as pyridoxine hydrochloride)    | 4.8 mg 240  |
| Folic acid                                  | 342 µg 48   |
| Vitamin B12 (as cyanocobalamin)             | 120 µg 2000 |
| Biotin                                      | 144 µg 48   |
| Pantothenic acid (as calcium pantothenate)  | 2.9 mg 29   |
| Calcium (as chelate)                        | 176 mg 18   |
| Iron (as chelate)                           | 1.9 mg 10   |
| Phosphorus (as chelate)                     | 112 mg 11   |
| Iodine (from pacific kelp)                  | 27.2 µg 18  |
| Magnesium (as chelate)                      | 80 mg 20    |
| Zinc (as chelate)                           | 6.4 mg 43   |
| Selenium (as chelate)                       | 26.5 µg 38  |
| Copper (as chelate)                         | 1 mg 48     |
| Manganese (as chelate)                      | 1.3 mg 65   |
| Chromium (as chelate)                       | 84 µg 70    |
| Molybdenum (as chelate)                     | 20 µg 27    |
| Potassium (as chelate)                      | 32 mg 1     |

**Proprietary blend** 335 mg \*\*  
[Choline bitartrate, DL-phenylalanine, citrus bioflavonoids, inositol, L-glutamine, L-methionine, grape seed extract, ginkgo biloba leaf, germanium sesquioxide, boron chelate, vanadium chelate, nickel chelate]

\*\* % Daily value (%DV) not established.

Other ingredients: capsule shell (gelatin, titanium dioxide) microcrystalline cellulose, glycine, magnesium stearate, citric acid, silicon dioxide, mineral wax