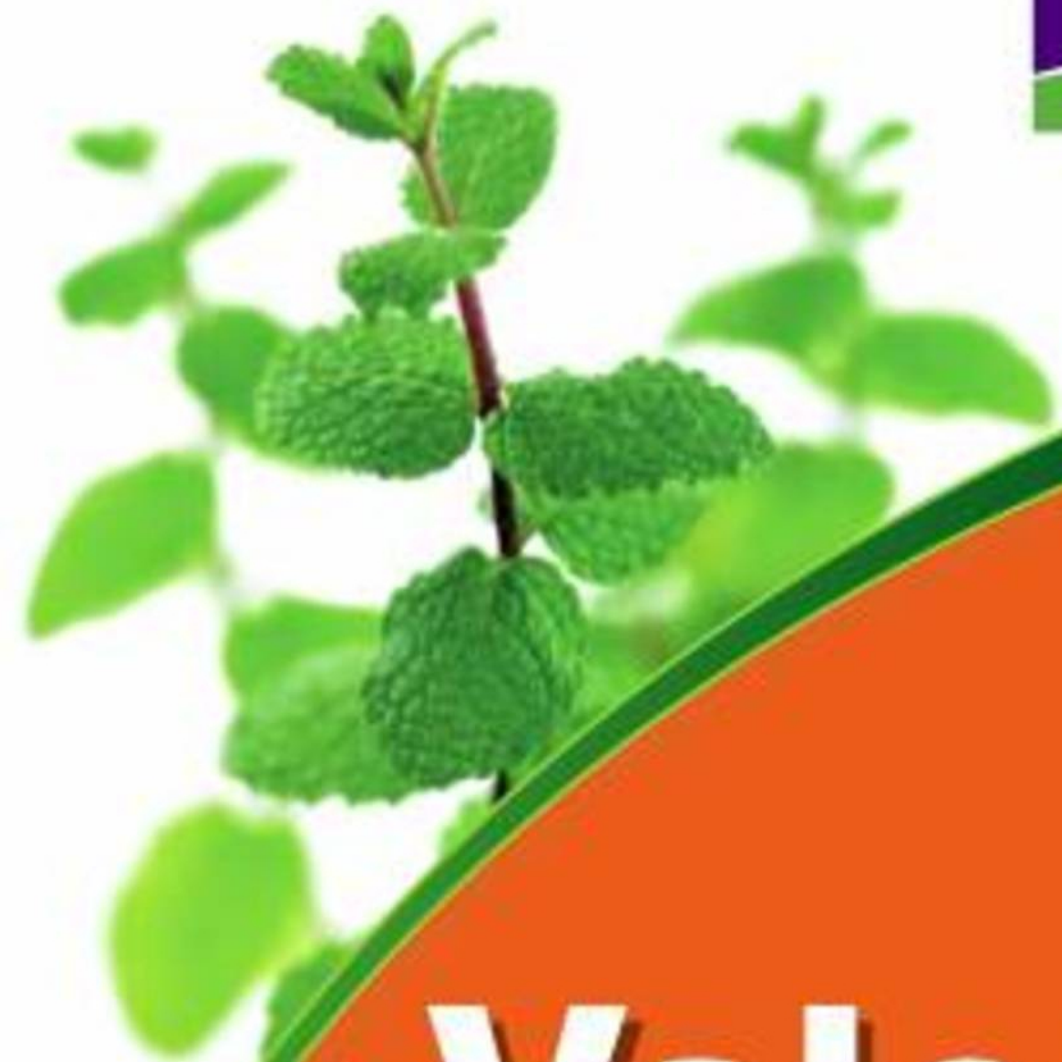


Family owned since 1968.



**Suggested Usage:** Take 1 to 2 droppersful in tea or water prior to bedtime as needed.

Valerian Root has been an herbal favorite in many cultures for centuries.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. This product may cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of valerian.

Natural color variation may occur in this product.

CODE 4970 V5



7 33739 04970 4

# Valerian Root Extract

Herbal Supplement

*Valeriana officinalis*

2 FL. OZ. (59 mL)

Non-GMO

A Dietary Supplement    Vegetarian/Vegan

## Supplement Facts

Serving Size 2 Droppersful (1.6 mL)  
Servings Per Container about 37

### Amount Per Serving

Valerian Root Extract ( <i>Valeriana officinalis</i> )	1.6 mL*
---	---------

\* Daily Value not established.

Other ingredients: Water, Vegetable Glycerin and Grain Alcohol (20%).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA    nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry, dark place after opening.

