

Sealed for your protection. Keep out of reach of children.

Supplement Facts

Serving Size 3 capsules (3g)

Each capsule contains

Calories 9	Calories from Fat 9
%Daily Value*	

Total Fat 1g	2%
OMEGA-3 Polyunsaturates 185 mg	
OMEGA-6 Polyunsaturates 535 mg	
OMEGA-9 Monounsaturates 105 mg	

Not a significant source of Vitamin A, Vitamin C, Calcium or Iron.

*Daily Value based on a 2000 calorie diet

Ingredients: Unrefined cold-pressed hemp seed oil, gelatin, glycerin, purified water, caramel powder.

Suggested Use: Adults: 1 Softgel capsule, 3 times per day, oral.

Storage: For freshness protect from heat and humidity.



720 mg
OMEGA-3 & 6

HEMP OIL

Essential Fatty Acid Supplement

60 Softgel Capsules /
1000 mg ea.

Manitoba Harvest Hemp Seed Oil is a rich source of Omega 3 & 6 Essential Fatty Acids. It is also a source of super fatty acids Gamma Linolenic Acid (GLA) and Stearidonic Acid (SDA).

Manitoba Harvest offers you this nutrition in 1000 mg softgels for your convenience.

In addition to Hemp Seed Oil, Manitoba Harvest produces Hemp Hearts and Hemp Protein Powder.

Manufactured By:

Manitoba Harvest Hemp Foods
Winnipeg, Manitoba,
Canada, R2R 1V4
1-800-665-HEMP(4367)

PRODUCT OF CANADA



Packaged On:

Best Before: