



# Vitamin B Complex Tablet 100ct.

<i>Statement of Identity</i>	<b>Vitamin B-Complex</b>
<i>Dietary Category</i>	<b>Dietary Supplement</b>
<i>Net Quantity of Contents &amp; Pharm. Dosage Form</i>	<b>100 Tablets</b>
<i>Marketing Statements</i>	<b>Optimum® Quality Purity Potency Value</b>
<i>Name of Manufacturer, Packer or Distributor</i>	<b>Manufactured &amp; Distributed by: Magno-Humphries Labs Tigard, OR 97223 U.S.A. Questions? call 1-800-935-6737</b>
<i>Marketing Statement</i>	<b>Visit our website: <a href="http://www.magno-humphries.com">www.magno-humphries.com</a></b>

[Click here to see Supplement Facts](#)

**Vitamin:** Vitamin B

**Item #:** 2760-100-01

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Tablet	% Daily Value	
Thiamin (from thiamine mononitrate)	2 mg	133%
Riboflavin	2 mg	118%
Niacin (from niacinamide)	15 mg	75%
Vitamin B-6 (from pyridoxine hydrochloride)	2 mg	100%
Vitamin B-12 (as cyanocobalamin)	2 mcg	33%
Pantothenic acid (from calcium pantothenate)	5 mg	50%

Other Ingredients: Dextrose, croscarmellose sodium, magnesium stearate, silicon dioxide, **hypromellose, polyethylene glycol, hydroxypropyl cellulose**, carnauba wax.

Directions: As a dietary supplement, take one tablet daily or as directed by your healthcare practitioner.

Storage: Store in a cool, dry place.

Warning: Keep out of the reach of children.

Do not use if printed seal under cap is missing or damaged.

Guaranteed optimum quality, purity and potency.

B-Vitamins work together to convert carbohydrates, protein and fats into energy. B-Vitamins may also work to help lower serum homocysteine levels. †

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.