GUARANTEED PURE

RECOMMENDATION

Maintenance: Take two capsules before bedtime. Under times of irregularities and bowel distress: Take two capsules up to three times daily for up to 7-10 days.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.





GENTLE MOVE®

- Designed to Soften Stool and Promote Bowel Regularity*
 - For Individuals Sensitive to Stimulant Laxatives*

Dietary Supplement

90 CAPSULES

Stock No. 952 NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225 www.naturessunshine.com

Supplement Facts

Serving Size 2 Capsules Servings Per Container 45

Amount Per 2 Capsules	% Daily Value	
Magnesium (hydroxide)	400 mg	95%
Proprietary Blend	370 mg	†
Triphalia Ayurvedic Blend (Terminalia chebula, T. bele	erica, Emblica of	ficinalis)
Yellow Dock Root (Rumex		
Ginger Rhizome / Zingiher	UlliGillaic)	
Ginger Rhizome (Zingiber Marshmallow Root Extract		inalis)

Other Ingredients: Capsule (gelatin, water), magnesium stearate (vegetable).