

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 2 Tablets Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene)	10,000 IU	200%
Vitamin C (from Calcium Ascorbate and as Ascorbic Acid)	500 mg	833%
Vitamin D (as Ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	200 IU	667%
Thiamin (Vitamin B-1) (from Thiamin HCl)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (Vitamin B-3) (as Niacinamide)	50 mg	250%
Vitamin B-6 (from Pyridoxine HCl)	50 mg	2500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (from Calcium Pantothenate)	50 mg	500%
Calcium (from Calcium Carbonate and Calcium Ascorbate)	100 mg	10%
Iron (from Ferrous Bisglycinate) (Ferrochel®)	10 mg	56%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide)	50 mg	13%
Zinc (from Zinc Picolinate)	15 mg	100%
Selenium (from L-Selenomethionine)	50 mcg	71%
Copper (from Copper Bisglycinate) (TRAACS®)	1 mg	50%
Manganese (from Manganese Bisglycinate) (TRAACS®)	5 mg	250%
Chromium (from Chromium Picolinate)	100 mcg	88%
Molybdenum (from Sodium Molybdate)	50 mcg	67%
Potassium (from Potassium Chloride)	50 mg	1%

Choline (from Choline Bitartrate)	50 mg	†
Inositol	50 mg	†
PABA (Para-Aminobenzoic Acid)	30 mg	†
Organic Spirulina	400 mg	†
Organic Chlorella (Broken Cell Wall)	50 mg	†
Alfalfa Juice Concentrate (Aerial Parts)	50 mg	†
Alpha Lipoic Acid	50 mg	†
Green Tea Extract (Leaf)	50 mg	†
Milk Thistle Extract (Fruit/Seeds) (Standardized for Silymarin)	50 mg	†
Rutin Powder (<i>Sophora japonica</i>) (Flower Bud)	25 mg	†
Alfalfa Powder (Aerial Parts)	4 mg	†
Organic Rose Hip Powder (Fruit)	4 mg	†
Lutein (from Marigold Flowers Extract) (<i>Tagetes erecta</i>) (FloraGLO®)	250 mcg	†
Lycopene (from Natural Tomato Extract)	250 mcg	†
Amylase (50 SKB)	10 mg	†
Lipase (800 LU)	10 mg	†
Bromelain (from Pineapple) (48 GDU)	20 mg	†
Papain (from Papaya) (50,000 USP)	25 mg	†

† Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silicon Dioxide and Vegetarian Coating [hypromellose (cellulose), calcium carbonate, xylitol, mct oil (medium-chain triglycerides), spirulina extract, riboflavin].

Vitamin E from non-GMO soy.
MCT Oil from coconut/palm kernel oil.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

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Special Two

Multi Vitamin

With Super Greens
& Herbal Extracts

90 Tablets

A Dietary Supplement Vegetarian/Vegan



Suggested Usage: Take 2 tablets daily with food.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: For adults only. Not intended for pregnant/nursing women. Consult physician if taking medication or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

TABLET SIZE

CODE 3862E V11



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