Other ingredients: De-ionized Water, Vegetable Glycerin, Natural Flavors, Non-GMO Soy Lecithin, Citric Acid, Malic Acid, Xanthan Gum and Potassium Sorbate (as preservative).

> Manufactured & Quality Tested by NOW FOODS 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA nowfoods.com

Suggested Usage: Shake well. For adults: take 1 tablespoon (15 mL) daily with a meal. For children 4 years and older: take 1 teaspoon (5 mL) daily with a meal. REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.

This unique formula utilizes brown rice protein as a stabilizing agent for maximum bioavailability of the vitamins, minerals and phytonutrients.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

†† Wild Berry Concentrate consists of natural chokeberry, elderberry, blueberry, black currant and apple fruit concentrates.

††† VitaBerry® Fruit Blend consists of grape and grape seed extract, wild blueberry and wild blueberry extract, raspberry and raspberry seed concentrate, cranberry, prune, tart cherry, wild bilberry and wild bilberry extract, and strawberry.

\*\*This product may contain insignificant amounts of naturally occurring iron present in colloidal minerals.

\*\*\*AAC = Amino Acid Chelate

TRAACS® is a registered trademark of Albion Laboratories, Inc.; VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc.; FloraGLO® is a registered trademark of Kemin Industries, Inc.

Caution: Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

**CODE 3773** V9







## IRON-

## Liquid Vitamin & Mineral

- Fast Absorption
- Added Phytonutrients
- Stabilized with Rice Protein
- Wild Berry Flavor

16 FL. OZ. (473 mL)

A Dietary Supplement Vegetarian/Vegan





## **Vitamins**

Family owned since 1968.

## **Supplement Facts**

Serving Size 1 Tablespoon (15 mL) Servings Per Container about 32

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Xylitol	3 g	†
Vitamin A (60% as Retinyl Palmitate and 40% as Beta-Carol		100%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin D (as Ergocalciferol)	400 IŬ	100%
Vitamin E (from d-alpha Tocopheryl Acetate)	100 IU	333%
Thiamin (Vitamin B-1) (from Thiamin Hydrochloride)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (Vitamin B-3) (as Niacinamide)	25 mg	125%
Vitamin B-6 (from Pyridoxine Hydrochloride)	10 mg	500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothen		250%
Calcium (from Calcium Carbonate)	25 mg	3%
Iodine (from Organic Kelp)	75 mcg	50%
Magnesium (from Magnesium Oxide)	10 mg	3%
Zinc (from Zinc AAC***)	3 mg	20%
Selenium (from L-Selenomethionine)	15 mcg	21%
Manganese (from Manganese AAC***)	2 mg	100%
Chromium (from Chromium Nicotinate Glycinate) (TRAA	CS®) 10 mcg	8%
Potassium (from Potassium Chloride)	25 mg	< 1%
Wild Berry Concentrate ††	175 mg	†
VitaBerry® Fruit Blend †††	50 mg	Ť
Organic Aloe Vera Leaf Juice	50 mg	Ť
Colloidal Minerals (Fulvic Acid)	50 mg	†
Rice Protein Concentrate (from Non-GMO Brown Rice)	30 mg	Ť
Choline (from Choline Bitartrate)	25 mg	÷
Inositol	25 mg	÷
Organic Kelp (Laminaria spp.) (Whole Plant)	15 mg	÷
Grape Seed Extract (Vitis vinifera) (Standardized for Polyph		Ť
Citrus Bioflavonoid Complex	10 mg	†
Lutein (FloraGLO®) (from Marigold Flowers Extract)	100 mcg	<del>i</del>
Lycopene (from Natural Tomato Extract)	100 mcg	÷
	ű	
* Percent Daily Values are based on a 2,000 calorie diet. † D	aily Value not e	stabilsneo