

Non-GMO

LIVINGFUEL

SUPER ESSENTIALS[®]

OMEGA 3+2[™]

The Ultimate in Antioxidant Essential Fatty Acids



Certified For Sport

ANTIOXIDANT ESSENTIAL FATTY ACIDS

Full-Spectrum Vitamin E
Vitamins D & A
Astaxanthin
EPA/DHA & GLA

All Natural Dietary Supplement
Purity Guaranteed
120 Softgel Capsules

DIRECTIONS

For optimal results, **take one softgel per 25 pounds of body weight per day** up to a total of 12 or more as directed by a health care professional. For example, 200 lbs = 8 softgels per day; 125 pounds = 5 softgels per day. Adults take a minimum of four softgels daily. *Essential for pregnant and nursing women as directed by a health care professional.*

SUPPLEMENT FACTS

Serving Size: 1 Softgel Capsule (1,533 mg Active)

Amount Per Serving		% Daily Value*
Calories:	10	
Calories from Fat	10	
Total Fat	0.9 g	1%
Saturated Fat	0.2 g	<1%
Trans Fat	0 g	
Vitamin A (from purified fish liver oil)	500 IU	10%
Vitamin D (from purified fish liver oil)	250 IU	63%
Vitamin E (d-alpha tocopherol)	8 IU	27%
EPA (Eicosapentanoic acid 20:5 omega 3) (from purified fish oils)	120 mg	†
DHA (Docosahexanoic acid 22:6 omega 3) (from purified fish oils)	120 mg	†
GLA (Gamma Linolenic Acid 18:3 omega 6) (from cold pressed borage seed oil)	30 mg	†
Total Tocotrienols (alpha, gamma, delta and beta)	14.1 mg	†
Alpha Tocotrienols	4.2 mg	†
Gamma Tocotrienols	5.4 mg	†
Total Tocopherols (alpha, beta, gamma, delta)	5.6 mg	†
Plant Squalene and Phytosterols Complex	1.4 mg	†
Astaxanthin (from algae <i>hematococcus pluvialis</i>)	1 mg	†

* Percent Daily Values are based upon a 2,000 calorie diet

† Daily Value not established

Ingredients: Marine Lipid Concentrate TG, Buffalo Gelatin, Glycerin, Borage Oil, Yellow Beeswax, Purified Water, Oryza Rice Bran Oil, Astaxanthin, EVNol Palm Oil, Fish Liver Oil, Ultra-Pure Non-GMO Sunflower Lecithin.

Living Fuel's Super Essentials[®] Omega 3 EDA

Living Fuel's Super Essentials[®] Omega 3 EDA combines the ultimate in antioxidants and essential fatty acids with a full-spectrum Vitamin E (tocotrienols and tocopherols), cold water fish-derived Vitamins D & A and Astaxanthin for Maximum Human Nutrition[™]. Beyond clean air and fresh water, Super Essentials Omega is the next, most important step toward Super Health – the single most important supplement you can take! Super Essentials Omega contains the finest natural sardine, anchovy and mackerel oils that are ultra-purified using a proprietary flash molecular distillation process and rigorously tested for impurities including PCBs, mercury, other heavy metals or oxidized contaminants. **Full-spectrum Vitamin E**, including Tocotrienols and Tocopherols from sustainably-sourced EVNol (palm) and rice bran oil, is a powerful antioxidant with numerous well-known health benefits. In addition to the general antioxidant benefits, Super Essentials Omega contains significant amounts of all eight fractions of Vitamin E to protect against rancidity in the bottle, but more importantly, to protect the delicate polyunsaturated fats from lipid peroxidation in the body. **Vitamin D**, among its myriad of well-documented health benefits, helps to maintain normal blood levels of calcium and phosphorus which helps to sustain strong bones. **Vitamin A** is a powerful antioxidant that promotes growth, healthy skin and good vision. **Astaxanthin**, a carotenoid, is an extremely powerful naturally-occurring fat-soluble antioxidant. **Omega 3 EPA/DHA** is critical to human health and longevity and promotes healthy cellular function. **GLA**, an Omega 6 oil, is included to balance the Omega 3 and Omega 6 pathways for the production of beneficial prostaglandins. The ingredients in Super Essentials Omega are rigorously tested to guarantee unparalleled levels of purity. **Super Essentials Omega DOES NOT CONTAIN** GMO, soy, wheat, gluten, rye, oats, corn, yeast, egg, sugar, wax, preservatives, casein or any other milk derivatives. **KEEP OUT OF REACH OF CHILDREN.**



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Lot # & Expiration Date:

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