

Nature's Measure™

Relax & Sleep

Herbal Supplement
helps you relax and
promotes restful sleep*

30 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% DV
Valerian (Valerian officinalis) (Root)	75 mg	**
Chamomile (Matricaria recutita) (flower)	25 mg	**
Melatonin	200 mcg	**

** Daily Value not established.

Other Ingredients: Whey, silica, croscarmellose sodium, stearic acid, magnesium stearate, pharmaceutical glaze, magnesium silicate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LOT/EXP. DATE

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**GUARANTEED
NO ADDED:**
Yeast, egg,
fragrance, artificial
colors or flavors
and preservatives.

ALLERGEN CERTIFICATION

May contain soy,
wheat, gluten,
dairy, tree nuts
and/or peanuts.

Product #11283
DISTRIBUTED BY:
GREENBRIER INTERNATIONAL, INC.
CHESAPEAKE, VA 23060
MADE IN USA
Questions? Comments?
1-888-866-5376

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