

Healthy Aging

Directions: Take three (3) capsules daily as a dietary supplement, preferably with meals, or as directed by your healthcare professional.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin B-6 (as pyridoxal-5-phosphate)	50 mg	2941%
Magnesium (as magnesium oxide and aspartate)	400 mg	95%
Chromium (as chromium nicotinate glycinate)	200 mcg	571%
Acetyl-L-Carnitine HCl	500 mg	†
Japanese knotweed (<i>Polygonum cuspidatum</i>) Extract (root) [standardized to 50% <i>trans-resveratrol</i> (100 mg)]	200 mg	†
L-Carnosine	250 mg	†
Alpha Lipoic Acid	200 mg	†
Green Tea (<i>Camellia sinensis</i>) Extract (leaf) [standardized to 98% total polyphenols (294 mg), as 80% catechins (240 mg) and 50% EGCG (150 mg)]	300 mg	†
Leucoselect® Grape (<i>Vitis vinifera</i>) Seed Extract	100 mg	†
Rhodiola (<i>Rhodiola rosea</i>) Extract (root) [standardized to 5% rosavins (2.5 mg)]	50 mg	†
Quercetin (as quercetin dihydrate)	30 mg	†
Vanadium (as vanadyl sulfate)	5 mg	†

† Daily Value not established.

Other Ingredients: Gelatin capsule (gelatin, water), magnesium stearate and microcrystalline cellulose.

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Consumers are cautioned to read all labels and follow all directions. You should always consult with your physician before using this or any such product.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).

Do not use if seal is broken

