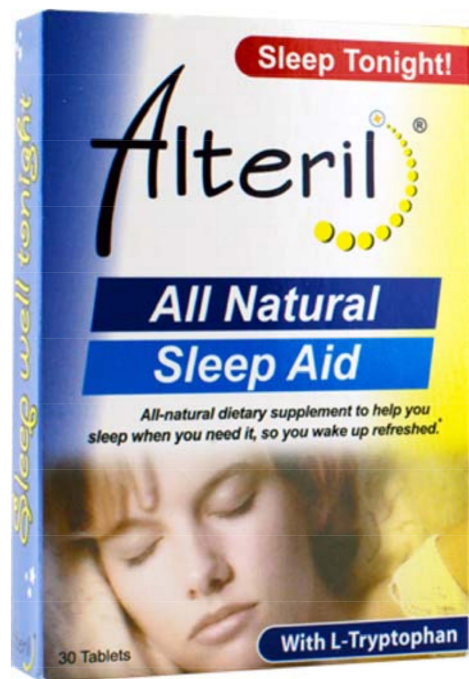


among other sleep inducing/relaxation inducing ingredients. All ingredients are pharmaceutical grade ingredients manufactured using the highest quality processes available.



Supplement Facts		
Serving Size		2 Tablets
Servings per Container		15
	Amount per Serving	% Daily Value
L-Tryptophan	665 mg	**
Glycine	50 mg	**
Melatonin	4 mg	**
Proprietary Blend:	260 mg	**
GABA (Gamma-Aminobutyric Acid), Skullcap Herb Extract, Valerian Root Extract, Chamomile Herb (Aerial Parts), Hops Strobile Extract, Passion Flower Herb Extract		
**Daily Value not established		

Other Ingredients: Sorbitol, Calcium Carbonate, Dicalcium Phosphate, Sodium Croscarmellose, Polyvinyl Alcohol, Polyethylene Glycol, Titanium Dioxide, Talc, Riboflavin, Magnesium Stearate, Stearic Acid, Silicon Dioxide

ALLERGEN WARNING: May contain soy products.

Suggested Use: For adults, take two (2) tablets with an 8oz glass of water one hour before bed time.

Keep out of reach of children.

Store in a cool dry place.

Do not use if blister unit is broken.

Adverse Events may be reported to the domestic address and/or phone number listed on this label.

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WARNING: This product is not designed or intended to be used by persons under 18 years of age. Do not use if pregnant, lactating or nursing. Consult a physician or licensed qualified healthcare professional before using this product if you are being treated or diagnosed with any medical conditions, or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving; exceeding may cause serious adverse health effects. Seek medical attention if any unusual symptoms occur. Do not use in conjunction with alcoholic beverages, when driving.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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