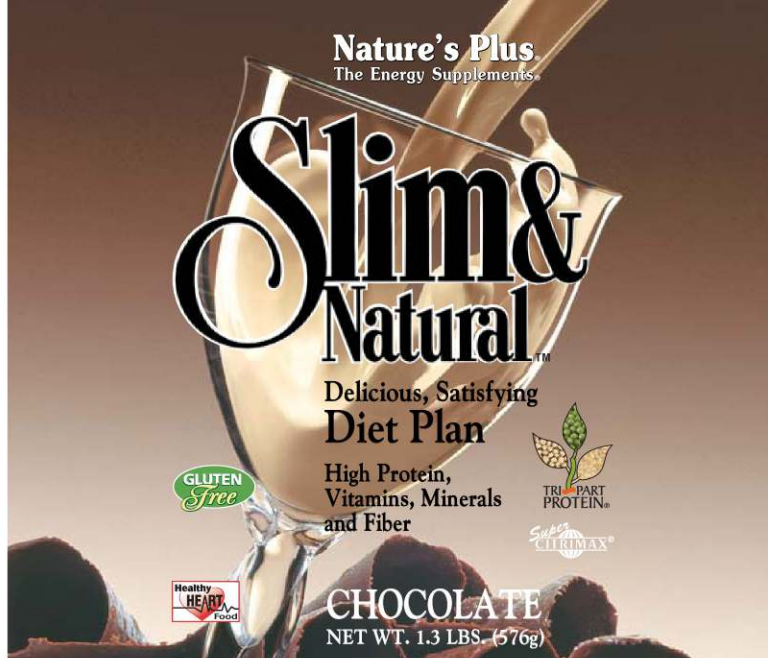




Nutrition Facts

Serving Size 1 Scoop (36g)
Servings Per Container 16

Amount Per Serving	Slim & Natural	w/1 Cup Skim Milk
Calories	99	179
Calories from Fat	0	0
%Daily Value**		
Total Fat 0g*	0%	0%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	2%
Sodium 145mg	6%	11%
Potassium 255mg	7%	19%
Total Carbohydrate 18g	6%	10%
Dietary Fiber 2g	8%	8%
Sugars 12g		
Other Carbohydrate 4g		
Protein 10g	20%	36%
Vitamin A	5000 IU	100%
Vitamin C	60 mg	100%
Calcium	200 mg	50%
Iron	4.5 mg	25%
Vitamin D	400 IU	100%
Vitamin E	30 IU	100%
Thiamin	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin	20 mg	100%
Vitamin B6	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid	10 mg	100%
Phosphorus	150 mg	15%
Iodine	150 mcg	100%
Magnesium	80 mg	20%
Zinc	15 mg	100%
Selenium	21 mcg	30%
Manganese	5 mg	250%
Chromium	18 mcg	15%
Molybdenum	20 mcg	25%

*Amount in Slim & Natural. A serving of Slim & Natural plus skim milk provides 0g fat, 5mg cholesterol, 270mg sodium, 661mg potassium, 30g carbohydrate (23g sugar) and 18g protein.

**Percent Daily Values are based on a 2,000 calorie diet.

Each serving of Slim & Natural also contains:

Super CitriMax† (Garcinia cambogia fruit extract) (standardized 60% [-]hydroxycitrate)	100 mg
Inositol	50 mg
Choline (bitartrate)	21 mg

LBL 1127530

SLIM & NATURAL DIET PLAN

To lose weight naturally and healthfully, it is recommended that you have one **Slim & Natural** shake for breakfast, one for lunch and one as a late afternoon snack, along with a complete, well-balanced meal for dinner. Delicious **Slim & Natural** is packed with nutrition, including protein, fiber, enzymes, energy nutrients and 100% of the Daily Values for all vitamins and most minerals.

Once you have reached your desired weight, **Slim & Natural** should be used as a meal replacement for either breakfast or lunch, to keep that weight off! **Slim & Natural** may also be used as an energy-packed snack during the day. Be sure your other two meals are nutritionally well-balanced.

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, natural Dutch cocoa, microcrystalline cellulose, di-calcium phosphate, potassium citrate, guar gum, psyllium, magnesium oxide, oat bran, Super CitriMax, natural vanilla flavor, vitamin C, vitamin E (d-alpha tocopheryl acetate), choline bitartrate, inositol, biotin, apple pectin, bee pollen, niacinamide, vitamin A palmitate, zinc oxide, ferrous fumarate, manganese sulfate, pantothenic acid, bioflavonoids, pyridoxine HCl, riboflavin, thiamine HCl, vitamin B12, vitamin D, folic acid, papaya, bromelain, potassium iodide, chromium chloride, sodium selenite, sodium molybdate...and LOVE♥



Slim & Natural is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans — As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Slim & Natural supplies 6.25 grams of soy protein.



CAUTIONS: Please consult your physician before beginning any weight management plan. Under no condition should **Slim & Natural** be used as the sole source of dietary calories. **Slim & Natural** is not recommended for anyone suffering from a health ailment, for pregnant or lactating women, or for anyone under the age of 18.

DIRECTIONS: Add one heaping scoop (scoop included in can) of delicious **Slim & Natural** to 8 fl. oz. of skim milk, water, or juice, and mix or shake until smooth. No blender required.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

SOLD BY WEIGHT, NOT VOLUME.

SUPERIOR TRI-PART PROTEIN BLEND:* Rice, Pea, Soy

† **Super CITRIMAX**® is a registered trademark of InterHealth N.I.

*Patents Pending

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