

Nature's Plus
The Energy Supplements

Slim & Natural™

Delicious, Satisfying
Diet Plan

GLUTEN
Free

High Protein,
Vitamins, Minerals
and Fiber



VANILLA

NET WT. 1.2 LBS. (544g)

Nutrition Facts

Serving Size 1 Scoop (34g)
Servings Per Container 16

Amount Per Serving	Slim & Natural	w/1 Cup Skim Milk
Calories	99	179
Calories from Fat	0	0
%Daily Value**		
Total Fat 0g*	0%	0%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	2%
Sodium 165mg	7%	12%
Potassium 265mg	8%	19%
Total Carbohydrate 17g	6%	10%
Dietary Fiber 2g	8%	8%
Sugars 12g		
Other Carbohydrate 3g		
Protein 10g	20%	36%
Vitamin A 5000 IU	100%	110%
Vitamin C 60 mg	100%	100%
Calcium 200 mg	20%	50%
Iron 4.5 mg	25%	25%
Vitamin D 400 IU	100%	120%
Vitamin E 30 IU	100%	100%
Thiamin 1.5 mg	100%	110%
Riboflavin 1.7 mg	100%	120%
Niacin 20 mg	100%	100%
Vitamin B6 2 mg	100%	100%
Folic Acid 400 mcg	100%	100%
Vitamin B12 6 mcg	100%	120%
Biotin 300 mcg	100%	100%
Pantothenic Acid 10 mg	100%	110%
Phosphorus 150 mg	15%	40%
Iodine 150 mcg	100%	100%
Magnesium 80 mg	20%	25%
Zinc 15 mg	100%	110%
Selenium 21 mcg	30%	30%
Manganese 5 mg	250%	250%
Chromium 18 mcg	15%	15%
Molybdenum 20 mcg	25%	25%

*Amount in Slim & Natural. A serving of Slim & Natural plus skim milk provides 0g fat, 5mg cholesterol, 290mg sodium, 671mg potassium, 28g carbohydrate (23g sugar) and 18g protein.

**Percent Daily Values are based on a 2,000 calorie diet.

Each serving of Slim & Natural also contains:

Super CitriMax† (Garcinia cambogia fruit extract) (standardized 60% [-]hydroxycitrate)	100 mg
Inositol	50 mg
Choline (bitartrate)	21 mg

SLIM & NATURAL DIET PLAN

To lose weight naturally and healthfully, it is recommended that you have one **Slim & Natural** shake for breakfast, one for lunch and one as a late afternoon snack, along with a complete, well-balanced meal for dinner. Delicious **Slim & Natural** is packed with nutrition, including protein, fiber, enzymes, energy nutrients and 100% of the Daily Values for all vitamins and most minerals.

Once you have reached your desired weight, **Slim & Natural** should be used as a meal replacement for either breakfast or lunch, to keep that weight off! **Slim & Natural** may also be used as an energy-packed snack during the day. Be sure your other two meals are nutritionally well-balanced.

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, microcrystalline cellulose, di-calcium phosphate, potassium citrate, natural vanilla flavor, guar gum, psyllium, magnesium oxide, oat bran, Super CitriMax, vitamin C, vitamin E (d-alpha tocopheryl acetate), choline bitartrate, inositol, biotin, apple pectin, bee pollen, niacinamide, vitamin A palmitate, zinc oxide, ferrous fumarate, manganese sulfate, pantothenic acid, bioflavonoids, pyridoxine HCl, riboflavin, thiamine HCl, vitamin B12, vitamin D, folic acid, papaya, bromelain, potassium iodide, chromium chloride, sodium selenite, sodium molybdate...and LOVE♥



Slim & Natural is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans — As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Slim & Natural supplies 6.25 grams of soy protein.



CAUTIONS: Please consult your physician before beginning any weight management plan. Under no condition should **Slim & Natural** be used as the sole source of dietary calories. **Slim & Natural** is not recommended for anyone suffering from a health ailment, for pregnant or lactating women, or for anyone under the age of 18.

DIRECTIONS: Add one heaping scoop (scoop included in can) of delicious **Slim & Natural** to 8 fl. oz. of skim milk, water, or juice, and mix or shake until smooth. No blender required.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

SOLD BY WEIGHT, NOT VOLUME.

SUPERIOR TRI-PART PROTEIN BLEND: * Rice, Pea, Soy



† **CITRIMAX**® is a registered trademark of InterHealth N.I.

*Patents Pending

Manufactured with LOVE♥ by
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