

Nature's Perfect Superfood!

CLEANSE - ALKALINIZE - ENERGIZE Barlean's Greens are an **ORGANIC, GREAT TASTING**, premium superfood created to:

- Support cleansing of organs and tissues*
- Super-Boost your health and **ENERGY***
- Help improve digestion* • **Dairy, Soy & Gluten Free**
- Aid the body's natural detoxification*
- Promote a healthy immune system*

Organically grown and harvested at the peak of freshness, Barlean's Greens are an energizing source of raw, vegetarian superfoods designed to invigorate and nourish both your mind and body. Masterfully formulated with Nature's most vitalizing plant-based ingredients, Barlean's Greens are bursting with: **POWERFUL PHYTONUTRIENTS • ANTIOXIDANTS PRE & PROBIOTICS • TRACE MINERALS**

SUGGESTED USE: Add one scoop to 8 oz. of water or your favorite juice and stir. (Scoop inside.) Best kept refrigerated after opening. Keep out of reach of children.



LEARN MORE ABOUT
A PATHWAY TO
A BETTER LIFE:
barleans.com
800/445-3529



FRESHNESS DATING

Barlean's
Ferndale, WA 98248
Certified
Organic by QAI
PRODUCT OF U.S.A.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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GLUTEN
FREE

NON
GMO

GREENS

ORGANIC



NATURE'S PERFECT SUPERFOOD

- Green Food Concentrates
- Green Protein Source
- Plant-based Vitamins & Minerals
- Vegetarian Formula
- Herbal Antioxidants
- Herbal Tonics
- Flax Lignans
- Probiotics & Enzymes
- Dairy & Soy Free

POWDER FORMULA / 30 DAY SUPPLY

NET WT. 8.46 oz / 240 g

Supplement Facts

Serving Size 1 Scoop (8 g)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 30	
Calories from Fat 5	
Total Fat 0.5 g	<1%*
Saturated Fat 0 g	<1%*
Total Carbohydrate 5 g	2%*
Protein 1 g	2%*

Vitamins

Vitamin A 668 IU	13%
Vitamin C 30 mg	50%

Minerals

Calcium 30 mg	3%
Iron 1 mg	5%
Phosphorus 22 mg	2%
Magnesium 12 mg	3%
Copper 43 mcg	2%
Chromium 3.6 mcg	3%
Sodium 20 mg	1%
Potassium 170 mg	5%

Amount Per Serving

GREENS BLEND 6,000 mg†

Organic oat grass powder (*Avena sativa*), organic wheat grass powder (*Triticum aestivum* L.), organic barley grass powder (*Hordeum vulgare* L.), organic spinach powder (*Spinacia oleracea*), organic parsley powder (*Petroselinum*), organic chlorella powder (*Chlorella vulgaris*), organic spirulina powder (*Arthrospira platensis*), organic sea lettuce powder (*Ulva lactuca*), and organic rockweed powder (*Ascophyllum nodosum*).

FIBER BLEND 900 mg†

Organic flax seed powder (*Linum usitatissimum*).

ENZYME, PROBIOTIC AND PREBIOTIC BLEND 499 mg†

Organic inulin powder, probiotic blend (*L. acidophilus*, *B. longum*, *L. casei*, *L. rhamnosus*), and enzyme blend (protease, amylase, bromelain, cellulase, lactase, lipase, papain).

ANTIOXIDANT BLEND 492 mg†

Organic apple powder extract (*Malus sp.*), organic acerola powder extract (*Malpighia glabra* L.), organic manioc maltodextrin and/or organic manioc starch), organic blueberry powder, organic apple powder (*Malus sp.*), organic acai powder (*Euterpe oleracea*), organic rosemary leaf powder (*Rosmarinus officinalis*), organic green tea powder extract (*Camellia sinensis*), and organic turmeric powder (*Curcuma longa*).

HERBAL TONIC BLEND 109 mg†

Organic stevia powder extract (*Stevia rebaudiana* Bertoni), organic schizandra berry powder extract (*Schizandra chinensis*), and organic astragalus root powder (*Astragalus membranaceus*).

† Daily Value not established.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

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