

Nature's Plus. The Energy Supplements.
VEGETARIAN
FRUITEIN®

HIGH PROTEIN ENERGY SHAKE



Gluten FREE

ACAI
Incredibly Delicious



VITAMINS, MINERALS, ENZYMES,
HERBS & MORE THAN 115 WHOLE FOODS

2500 mg

Nature's Antioxidant Berry!

ORAC VALUE
2000

NET W.T. 1.2 LBS. (544g)

Nutrition Facts

Serving Size 1 Scoop (34g)
Servings Per Container 16

Amount Per Serving

Calories 110 Calories from Fat 0

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Potassium 110mg	3%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 13g	
Other Carbohydrate 1g	
Protein 10g	20%

Vitamin A	5000IU	100%	•	Vitamin C	60mg	100%
Calcium	350mg	35%	•	Iron	4.5mg	25%
Vitamin D	400IU	100%	•	Vitamin E	30IU	100%
Thiamin	1.5mg	100%	•	Riboflavin	1.7mg	100%
Niacin	20mg	100%	•	Vitamin B6	2mg	100%
Folic Acid	400mcg	100%	•	Vitamin B12	6mcg	100%
Biotin	300mcg	100%	•	Pantothenic Acid	10mg	100%
Phosphorus	250mg	25%	•	Iodine	150mcg	100%
Magnesium	140mg	35%	•	Zinc	15mg	100%
Selenium	21mcg	30%	•	Manganese	5mg	250%
Chromium	18mcg	15%	•	Molybdenum	20mcg	25%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total fat	Less than	65g	80g
Saturated fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total carbohydrate		300g	375g
Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Each serving of FRUITEIN also contains the following:

NUTRIENTS:	
Euterpe oleracea (açai extract) . . . 2500 mg	Lipase† (50 units) 10 mg
[standardized 10% phenolics]	Cellulase† (50 units) 10 mg
and açai whole fruit concentrate)	†brown rice fermentation
Inositol 50 mg	WHOLE FOOD BASE: Spirulina, Oat Bran,
Citrus Bioflavonoids 25 mg	Carrot Powder, Rice Bran, Acerola Cherry,
Choline (bitartrate) 21 mg	Lecithin, Young Barley Leaf, Spanish Bee
ENZYMES:	Pollen, Kelp, Pineapple, Papaya, Apple
Bromelain (pineapple) 30 mg	Pectin, Black Currant Seed and Amla
(18 GDU [gelatin digesting units])	(<i>Embolica officinalis</i>).
Papain (papaya)(60,000 units) 30 mg	HERBAL BASE: Astragalus, Schisandra,
Amylase† (600 units) 20 mg	Ligustrum, and Korean Ginseng.

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, açai berry extract, maltodextrin, tri-calcium phosphate, potassium citrate, magnesium oxide, guar gum, psyllium, oat bran, amla fruit, microcrystalline cellulose, spirulina, vitamin C, **Proprietary Whole Food Blend** (dried barley juice, spirulina, cooked whole brown rice, fructooligosaccharides (FOS), chlorella (broken cell), Pacific kelp, Phenalgin™ (*Cystoseira canariensis*), cryptomonads, red kelp, brown kelp, ulva, red seaweed, dulse, rockweed, Spanish bee pollen, sunflower oil, black currant seed oil, apple, apricot, banana, camu-camu, cranberry, orange, peach, red raspberry, strawberry, tomato, alfalfa sprout, barley grass juice, beet greens, cabbage, onion, parsley, celery seed, papaya, red grape, broccoli, carrot, garlic, spinach, milk thistle, Chinese green tea (decaffeinated), turmeric, red wine, pau d'Arco bark, *Ginkgo biloba*, Korean ginseng, astragalus, *Echinacea angustifolia*, Irish moss, thyme, ligustrum berry, rice bran, white nectarine, white peach, white fig, date, banana, potato, white pear, white tea, jicama, Jerusalem artichoke, Shiitake mushroom, parsnip, turnip, cauliflower, ginger, kohlrabi, shallot, mango, grapefruit, yellow apple, pear, honeydew melon, pineapple, yellow squash, gooseberry, golden kiwi, nectarine, yellow watermelon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow beet, rutabaga, tangerine, lemon, yellow pepper, lowbush blueberry, blackberry, elderberry, lingonberry extract, plum, black cherry extract, purple fig, Belgian endive, passion fruit, purple kale, rhubarb, Concord grape, beet, radicchio, eggplant, pomegranate extract, purple onion, wolfberry (goji), black currant extract, noni, mangosteen, açai, black raspberry, bilberry, highbush blueberry, schisandra, fenugreek, guava, watermelon], vitamin E acetate, choline bitartrate, inositol, apple pectin, Spanish bee pollen, niacinamide, vitamin A palmitate, zinc oxide, manganese sulfate, ferrous fumarate, calcium pantothenate, amylase, lipase, cellulase, schisandra, rice bran, black currant seed, oat bran, Korean ginseng, acerola cherry, papaya, astragalus, apple pectin, pineapple, young barley leaves, ligustrum, carrot, kelp, lecithin, lemon bioflavonoids, papaya, bromelain, chlorophyll, pyridoxine HCl, riboflavin, thiamine HCl, vitamin B12, vitamin D, folic acid, biotin, potassium iodide, chromium chloride, sodium selenite, sodium molybdate, **Activessence®** (cellulase, pectinase, hemicellulase and xylanase)....and LOVE♥

FRUITEIN is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans – As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of FRUITEIN supplies 6.25 grams of soy protein.

Featuring the antioxidant, anti-aging and metabolic support of 2500 mg of whole açai berry extract, rich and creamy **FRUITEIN Açai Shake** is an incredibly delicious, all-natural vegetarian blend of complete protein and complex carbohydrate. Each luscious, silky-smooth serving of **FRUITEIN Açai Shake** supercharges a unique whole food and herbal base with Activessence®, the patented enzyme activation system that liberates nutrition from foods. **FRUITEIN Açai Shake** contains 100% of the Daily Value of vitamins, a broad profile of minerals, and superior Tri-Part Protein.

Whether you mix it with water or milk, you can enjoy the healthful benefits and tantalizing taste of natural açai berry with **FRUITEIN Açai Shake!**

DIRECTIONS: Add one measuring scoop (scoop included in can) of **FRUITEIN** to 6 fl. oz. of water and mix in blender or shake until smooth. For those who prefer a thicker, richer shake, **FRUITEIN** may also be mixed with 8 fl. oz. of milk. For best results, water or milk should be very cold.

SUPERIOR TRI-PART PROTEIN BLEND: Rice, Pea, Soy VEGETARIAN, YEAST-FREE PRODUCT.**

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

****Patents Pending**

Activessence® is a registered trademark of InterActive Enzymes, a division of Triarco Industries, Inc. U.S. Patent Nos. 6,099,844 and 6,132,727.

Manufactured with LOVE ♥ by **Natural Organics Laboratories, Inc.**, makers of **Nature's Plus**

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