Directions: Ages 4 to 13, one (1) packet daily. Empty contents into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water Do not exceed suggested use. If child is taking medication, consult a doctor before use.

Amount Per Serving	% Dail	y Value
Calories	35	
Total Carbohydrate	8 g	3%1
Total Sugars	5 g	
Includes 5 g Added Sugars		10%
Vitamin C (as ascorbic acid, zinc ascorbate)	250 mg	2789
Niacin (Vit. B <sub>3</sub> )	4 mg	25%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	10 mg	588%
Folate (Vit. B <sub>0</sub> )	167 mcg DFE (100 mcg Folic Acid)	42%
Vitamin B <sub>12</sub> (as cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate) (Vit. B <sub>5</sub> )	2.5 ma	50%

Amount Per Serving	% Daily Value	
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate)‡	100 mg	8%
Phosphorus (as monobasic potassium phosphate, monobasic sodium phosphate, monobasic calcium phosphate, tribasic calcium phosphate)‡	38 mg	3%
Magnesium (as magnesium hydroxide, magnesium carbonate)‡	60 mg	14%
Zinc (as zinc ascorbate)	2 mg	18%
Manganese (as manganese gluconate)	0.5 mg	22%
Chromium (as chromium picolinate)	10 mcg	29%
Sodium (as sodium bicarbonate, monobasic sodium phosphate)#	70 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate) <sup>‡</sup>	250 mg	5%

Daily Value not established. ‡Electrolytes Other Ingredients: Fructose, Citric Acid, Maltodextrin, Fruit Juice Concentrates (pineapple, peach, orange) (flavor), Malic Acid, Contains <2% of: Beet

Juice Concentrate (color), Fruit Juice Solids (guava, strawberry), Glycine, L-Aspartic Acid, Natural Flavors, Orange Oil, Rebaudioside A (extracted and purified from natural stevia leaf), Silicon Dioxide, Sugar, Sweet Cherry Powder, Tartaric Acid.

Caffeine Free • Gluten Free • Vegetarian • Natural Sweeteners & Flavors • Naturally-Sourced Colors

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## Antioxidants

250 mg of vitamin C plus zinc and manganese for immune system support.\*

# **B Vitamins**

B vitamins play a key role in metabolism for energy,\*

### ‡Electrolytes

Great for after physical activity, replace key electrolytes lost through perspiration.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Naturally, It's Good for Kids!

Orange, cherry, and pineapple combine for a fruit punch flavor that will give your kids' taste buds a T.K.O. (Taste Knock Out!). Specially formulated for kids, each packet of Emergen-C Kidz vitamin supplement drink mix provides a whopping 250 mg of vitamin C plus other antioxidants zinc and manganese. B vitamins, and electrolytes to help keep your kids feeling good every day.\*



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Less Water = More Flavor

\*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.











This box is

recyclable

Store at room temperature. Protect from moisture. Carton contains individual packets. Do not use if packet seal is torn or broken.

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