

21ST
CENTURY.

Adults
50+

Sentry SENIOR

Multivitamin & Multimineral
Supplement

Compare VS.
Centrum® SILVER®†

125 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate, 40% Beta-Carotene)	750 mcg 83%	Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Vitamin C (as Ascorbic Acid)	60 mg 67%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin D ₃ (as Cholecalciferol)	13 mcg (500 IU) 63%	Magnesium (as Magnesium Oxide)	50 mg 12%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	23 mg 150%	Zinc (as Zinc Oxide)	11 mg 100%
Vitamin K (as Phytonadione)	30 mcg 25%	Selenium (as Sodium Selenate)	55 mcg 100%
Thiamin (as Thiamin Mononitrate, B-1)	1.5 mg 125%	Copper (as Copper Sulfate)	0.5 mg 56%
Riboflavin (Vitamin B-2)	1.7 mg 131%	Manganese (as Manganese Sulfate)	2.3 mg 100%
Niacin (as Niacinamide)	20 mg 125%	Chromium (as Chromium Picolinate)	45 mcg 129%
Vitamin B-6 (as Pyridoxine HCl)	3 mg 176%	Molybdenum (as Sodium Molybdate)	45 mcg 100%
Folate (400 mcg Folic Acid)	667 mcg DFE 167%	Chloride (as Potassium Chloride)	72 mg 3%
Vitamin B-12 (as Cyanocobalamin)	25 mcg 1,042%	Potassium (as Potassium Chloride)	80 mg 2%
Biotin	30 mcg 100%	Boron (as Sodium Borate)	150 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 200%	Nickel (as Nickel Sulfate)	5 mcg **
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	225 mg 17%	Vanadium (as Sodium Metavanadate)	10 mcg **
		Lutein	250 mcg **
		Lycopene	300 mcg **

** Daily Values not established.

Other Ingredients: Starch, Cellulose, Stearic Acid. **Contains <2% of:** Artificial Colors (FD&C Blue #2 Camine, FD&C Red #40, FD&C Yellow #6), Ascorbyl Palmitate, BHA, BHT, Citric Acid, Corn Oil, Croscarmellose Sodium, dl-Alpha Tocopherol, Ethylcellulose, Gelatin, Gum Arabic, Magnesium Stearate, Maltodextrin, Mannitol, Mono/Diglycerides, PEG/PVA Copolymer, Polyvinyl Alcohol, Silicon Dioxide, Sodium Aluminosilicate, Sodium Ascorbate, Sucrose, Talc, Titanium Dioxide, Vegetable Oil, Vitamin E Oil, Water.

†Centrum® Silver® is a registered trademark of Wyeth Consumer Healthcare, Madison, NJ 07940

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Important Information: Extended use of high levels of Vitamin A (excluding Beta-Carotene as the source) may increase the risk to adults of developing osteoporosis. Do not use this product if using other Vitamin A supplements.

No added Yeast or Artificial Flavors.
Gluten Free.

ACTUAL SIZE

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