21ST CENTURY®

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Artificial Flavors.

†Theragran-M® is a registered trademark of Walgreen Co. Corporation, Deerfield, IL, 60015

WARNING: *ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.*

ACTUAL SIZE

Therapeutic-M™

7 40985 22368 0

COMPARE VS. THERAGRAN-M®†

DIETARY SUPPLEMENT

130 TABLETS

gluten free

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
500123-0219N

GUARANTEED QUALITY LABORATORY TESTED

Therapeutic-M™

Other Ingredients: Starch, Cellulose, Stearic Acid, Gelatin. **Contains <2% of:** Artificial Colors (FD&C Red #40, FD&C Blue #2 Carmine), Ascorbyl Palmitate, BHA, BHT, Croscarmellose Sodium, dl-Alpha Tocopherol, Gum Arabic, Hydroxypropyl Methylcellulose, Magnesium Stearate, Maltodextrin, Mannitol, PEG, Polyvinyl Alcohol, Silicon Dioxide, Sodium Aluminosilicate, Sucrose, Talc, Titanium Dioxide, Vegetable Oil, Water.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin A (as Acetate & 20% as Beta-Carotene)	1,500 mcg	167%
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin D3 (as Cholecalciferol)	10 mcg	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	27 mg	180%
Vitamin K (as Phytonadione)	28 mcg	23%
Thiamin (as Thiamin HCl)	3 mg	250%
Riboflavin (Vitamin B-2)	3.4 mg	262%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B-6 (as Pyridoxine HCl)	6 mg	353%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	12 mcg	500%
Biotin	30 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	200%
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	145 mg	11%
Iron (as Ferrous Fumarate)	9 mg	50%
Phosphorus (as Dicalcium Phosphate)	35 mg	3%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Oxide)	15 mg	136%
Selenium (as Sodium Selenate)	70 mcg	127%
Copper (as Cupric Oxide)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	50 mcg	143%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Chloride (as Potassium Chloride & B-6 HCl)	8 mg	<1%
Potassium (as Potassium Chloride & Potassium Iodide)	11 mg	<1%
Boron (as Borates)	150 mcg	**
Tin (as Stannous Chloride)	10 mcg	**
Nickel (as Nickel Sulfate)	5 mcg	**
Silicon (as Silicon Dioxide)	2 mg	**
Vanadium (as Sodium Metavanadate)	10 mcg	**

** Daily Values not established.

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