

21<sup>ST</sup>  
CENTURY.



# Stress B

## with Iron



Energy & Immune  
Support\*

VITAMIN & MINERAL SUPPLEMENT

66 TABLETS



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## Stress B with Iron

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	500 mg 556%	Vitamin B-12 (as Cyanocobalamin)	12 mcg 500%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	14 mg 90%	Biotin	45 mcg 150%
Thiamin (as Thiamin Mononitrate, B-1)	10 mg 833%	Pantothenic Acid (as d-Calcium Pantothenate)	20 mg 400%
Riboflavin (Vitamin B-2)	10 mg 769%	Calcium (as Calcium Carbonate & Dicalcium Phosphate)	75 mg 6%
Niacin (as Niacinamide)	100 mg 625%	Iron (as Ferrous Fumarate)	18 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	5 mg 294%		
Folate	667 mcg DFE 167% (400 mcg Folic Acid)		

**Other Ingredients:** Starch, Hydroxypropyl Methylcellulose. **Contains <2% of Artificial Colors** (FD&C Yellow #6, FD&C Red #40, FD&C Yellow #5, FD&C Blue #2 Carmine), Cellulose, Croscarmellose Sodium, Dextrin, Dextrose, Gelatin, Gum Arabic, Magnesium Stearate, Maltodextrin, Medium Chain Triglycerides, PEG, Polydextrose, Silicon Dioxide, Sodium Aluminosilicate, Sodium Carboxymethylcellulose, Sodium Citrate, Stearic Acid, Sucrose, Titanium Dioxide, Triacetin, Water.

500322-0219N

Periods of stress can be taxing on the body. Combined with a healthy diet and plenty of rest, 21<sup>ST</sup> Century Stress B helps provide the extra nutritional support your body may need.\*

ACTUAL SIZE



Proudly Manufactured by  
**21<sup>ST</sup> Century HealthCare, Inc.**  
2119 S. Wilson St., Tempe, AZ 85282 USA  
21stcenturyvitamins.com  
500322-0219N



**Directions:** As a vitamin supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Preservatives or Artificial Flavors.

**WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.**

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**