

Nutrition Facts

Serving Size 1 Scoop (36g) Servings Per Container 16

Amount Per Serving	
Calories 110	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 200mg	6%
Total Carbohydrate 13g	4%
Dietary Fiber 2g	8%
Sugar 9g	
Other Carbohydrate 2g	

	9					
Vitamin A	5000IU	100%	•	Vitamin C	60mg	100%
Calcium	600mg	60%	•	Iron	9mg	50%
Vitamin D	400IU	100%	•	Vitamin E	30IU	100%
Thiamin	1.5mg	100%	•	Riboflavin	1.7mg	100%
Niacin	20mg	100%	•	Vitamin B6	2mg	100%
Folic Acid	440mcg	110%	•	Vitamin B12	6mcg	100%
Biotin	300mcg	100%	•	Pantothenic Acid	l 10mg	100%
Phosphorus	600mg	60%	•	lodine	225mcg	150%
Magnesium	200mg	50%	•	Zinc	23mg	150%
Selenium	35mcg	50%	•	Manganese	7.4mg	370%
Chromium	72mcg	60%	•	Molybdenum	30mcg	40%
	West 5005 TO		88	91 SECTORES	925) 78 Wes	ASSET VIOL

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie néeds:

carono necas.	Calories	2,000	2,500
Total fat	Less than	65g	80g
Saturated fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total carbohydrate		300g	375g
Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Protein 13a

Fat 9 Carbohydrate 4 Protein 4 **NUTRIENTS:**

Each serving of FRUITEIN also contains the following:

Inositol	. 50 mg
Citrus Bioflavonoid Complex	. 25 mg
Choline (bitartrate)	
ENZYMES:	
Bromelain (pineapple) (18 GDU)	. 30 mg
Papain (papaya) (60,000 units)	. 30 mg
Amylase (600 units) (brown rice fermentation)	. 20 mg
Lipase (50 units) (brown rice fermentation)	
Cellulase (50 units) (brown rice fermentation)	. 10 mg
REVITALIZING GREEN WHOLE FOOD BLEND	3000 mg
Dried Barley Juice, Spirulina, Cooked Whole Brown Rice, Fructooligosaccharides, C	chlorella.
Pacific Kelp, Phenalgin™, Cryptomondales, Red Kelp, Brown Kelp, Ulva, Red Seaweer	d. Dulse.
Rockweed, Bee Pollen, Sunflower Oil, Black Currant Seed Oil, Whole Fruit Concentra	ites 10x:
Apple Apricot Banana Camu-Camu Crapherry Orange Peach Red Baspherry Str	awherry

Tomato; Concentrates 10x: Alfalfa, Barley Grass Juice, Beet Greens, Cabbage, Onion, Parsley; Concentrate 4x: Celery; Standardized Extracts: Papaya, Grape, Broccoli, Carrot, Garlic; Standardized Concentrate: Spinach; Milk Thistle, Chinese Green Tea (decaffeinated), Turmeric, Red Wine (alcohol free), Pau d'Arco Bark, Ginkgo biloba Leaf, Korean ginseng, Astragalus, Echinacea angustifolia, Irish Moss, Thyme, Ligustrum, Schisandra, Rice Bran, Activessence (Cellulase, Pectinase, Hemicellulase and Xylanase)

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, **Revitalizing Green Whole Food Blend**, di-calcium phosphate, oligofructose, natural flavors, xanthan gum, citric acid, magnesium oxide, potassium citrate, choline bitartrate, natural color, inositol, ascorbic acid, vitamin E acetate, papain, GTF chromium, citrus bioflavonoids, biotin, amylase, zinc oxide, manganese sulfate, bromelain, niacinamide, ferrous fumarate, vitamin A palmitate, lipase, calcium pantothenate, lecithin, black currant, schisandra, ligustrum, astragalus root, kelp, spirulina, rice bran, oat bran, young barley leaf, acerola cherry, Korean ginseng, apple pectin, papaya, Spanish bee pollen, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, ergocalciferol, vitamin B12, folic acid, potassium iodide, sodium molybdate, sodium selenite ... and LOVE



26%

FRUITEIN is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans – As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of FRUITEIN supplies 6.25 grams of soy protein.



FRUITEIN Revitalizing Green Food is an incredibly delicious, all-natural vegetarian blend of complete protein and complex carbohydrate – supercharged with the amazing antioxidant power of nature's greatest green foods! Thick and creamy FRUITEIN Revitalizing Green Food delivers all the essential vitamins, minerals, and enzymes, and features the unique benefits of nutrient-rich green super foods like barley grass juice, green tea, algaes, broccoli and spinach. Our powerful FRUITEIN Revitalizing Green Food formula is fortified with a highly nutritious whole food and herbal base, including spirulina, Spanish bee pollen, fresh fruits and vegetables, young barley leaf, Korean ginseng and lecithin to form an amazingly energizing shake. Each serving of FRUITEIN Revitalizing Green Food is enhanced with Activessence, a patented enzyme activation system that liberates energizing nutrition from foods

DIRECTIONS: Add one scoop (scoop included in can) of FRUITEIN to 6 fl. oz. of water and mix in blender or shake until smooth. For those who prefer a thicker, richer shake, FRUITEIN may also be mixed with 8 fl. oz. of milk. For best results, water or milk should be very cold.

SUPERIOR TRI-PART PROTEIN BLEND:** Rice, Pea, Soy VEGETARIAN, YEAST-FREE PRODUCT KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

Activessence® is a registered trademark of InterActive Enzymes, a division of Triarco Industries, Inc.

U.S. Patent Nos. 6,099,844 and 6,132,727. Manufactured with LOVE ♥ by

Natural Organics Laboratories, Inc. makers of Nature's Plus 9500 New Horizons Blvd. Amityville, New York 11701, USA

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