

21ST CENTURY.



Directions: As a vitamin supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast or Preservatives.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Stress B with Zinc



Energy & Immune
Support*

VITAMIN & MINERAL SUPPLEMENT

66 TABLETS



Periods of stress can be taxing on the body. Combined with a healthy diet and plenty of rest, 21st Century Stress B helps provide the extra nutritional support you body may need.*

ACTUAL SIZE



Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
500120-0118N



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Stress B with Zinc

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	500 mg 560%	Vitamin B-12 (as Cyanocobalamin)	12 mcg 500%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 mg 200%	Biotin	45 mcg 150%
Thiamin (as Thiamin Mononitrate)	10 mg 830%	Pantothenic Acid (as d-Calcium Pantothenate)	20 mg 400%
Riboflavin (Vitamin B-2)	10 mg 770%	Calcium	70 mg 6%
Niacin (as Niacinamide)	100 mg 630%	(as Calcium Carbonate & Dicalcium Phosphate)	
Vitamin B-6 (as Pyridoxine HCL)	5 mg 290%	Zinc (as Zinc Oxide)	23.9 mg 220%
Folate	667 mcg DFE 170% (400 mcg Folic Acid)	Copper (as Cupric Sulfate)	3 mg 330%

Other Ingredients: Cellulose, Starch, Hydroxypropyl Methylcellulose, Stearic Acid. **Contains <2% of:** Artificial Colors (FD&C Yellow #6, FD&C Blue #2 Carmine, FD&C Red #40), Croscarmellose Sodium, Dextrin, Dextrose, Gelatin, Gum Arabic, Lecithin, Magnesium Stearate, Maltodextrin, PEG, Polydextrose, Silicon Dioxide, Sodium Aluminosilicate, Sucrose, Titanium Dioxide, Triacetate, Water. **Contains soy.**

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