

Directions: Ages 14 and up, one (1) packet daily. Empty contents into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Packet (9.1 g)

Amount Per Serving		% DV
Calories	35	
Total Carbohydrate	8 g	3%†
Total Sugars	6 g	*
Includes 6 g Added Sugars		12%†
Vitamin C (as ascorbic acid, zinc ascorbate)	1,000 mg	1,111%
Thiamin (as thiamine hydrochloride) (Vit. B ₁)	0.38 mg	32%
Riboflavin (as riboflavin-5-phosphate) (Vit. B ₂)	0.43 mg	33%
Niacin (Vit. B ₃)	4 mg	25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	588%
Folate (Vit. B ₉)	167 mcg DFE (100 mcg Folic Acid)	42%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate) (Vit. B ₅)	2.5 mg	50%
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate)‡	50 mg	4%
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate)‡	38 mg	3%
Magnesium (as magnesium hydroxide, magnesium carbonate)‡	60 mg	14%
Zinc (as zinc ascorbate)	2 mg	18%
Manganese (as manganese gluconate)	0.5 mg	22%
Chromium (as chromium picolinate)	10 mcg	29%
Sodium (as sodium bicarbonate, monobasic sodium phosphate)‡	65 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate)‡	200 mg	4%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established. ‡Electrolytes

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Malic Acid. **Contains <2% of:** Acacia, Beta-Carotene (color), Glycine, L-Aspartic Acid, Natural Flavors, Orange Juice Concentrate (color and flavor), Orange Oil, Silicon Dioxide, Tartaric Acid, Tocopherols (to preserve freshness).

Immune Support

1,000 mg of vitamin C plus other antioxidants zinc and manganese support your immune system.*

Energy

7 B vitamins including B₁, B₂, B₃, B₅, B₆, B₉ and B₁₂ enhance energy naturally* without caffeine.

Electrolytes

Great for post-workout, replace key electrolytes lost through perspiration.*

feel the
Good®

If you are pregnant, nursing, or taking medication, consult your doctor before use.

Keep out of reach of children.

Distributed by: **Alacer Corp.**
Carlisle, PA 17013

Consumer Line: 1.888.425.2362 emergenc.com

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Emergen-C®

1,000 mg Vitamin C

Daily Immune Support*

Antioxidants, B Vitamins & Electrolytes

Super Orange

Flavored Fizzy Drink Mix with Natural Flavors



Natural
fruit
flavors

DIETARY SUPPLEMENT

*Vitamin C, Zinc & Manganese

10-0.32 OZ (9.1 g) PACKETS / NET WT. 3.2 OZ (91 g)

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Naturally, It's Good for You!

Bursting with all sorts of sunshine-y citrus deliciousness, it's no wonder we call it "Super." With each sip, you can feel The essential nutrients flow through your body in a wave of Emergen-C® rejuvenation. If feeling good is your thing, you found the right box.



Get your free samples at emergenc.com§

§ While supplies last. See emergenc.com for limitations.



Fix It
How You Like It!

– 6 oz.
– 5 oz.
– 4 oz.

Less Water = More Flavor



Recyclable
This box is
recyclable.

Store at room temperature. Protect from moisture.
Carton contains individual packets. Do not use if packet seal is torn or broken.

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