

Suggested Usage: Take 1 capsule with or before a meal containing dairy. One capsule digests dairy products equivalent to one cup of whole milk.

NOW® Dairy Digest Complete is a comprehensive blend of enzymes that is formulated to aid in the digestion of dairy products.* Intolerance to dairy is often due to the inability to digest milk sugar known as lactose. However, intolerance is also frequently related to the difficult-to-digest proteins and fats inherent in dairy products. NOW® Dairy Digest Complete combines lactase for lactose digestion with proteases and lipases that specifically target milk proteins and fat for digestion.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

CODE 2956B V3



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Dairy Digest Complete

Dairy Tolerance Enzymes*

- Digests Lactose, Dairy Proteins and Fats*
- Maximum Dairy Digestion*

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Probiotics/Enzymes/Digestive

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Dairy Enzyme Blend:	65 mg*
Protease (from <i>Aspergillus oryzae</i> and <i>Aspergillus niger</i>)	25,000 HUT*
Lactase (from <i>Aspergillus oryzae</i>)	1,000 ALU*
Lipase (from <i>Rhizopus oryzae</i>)	600 FIP*

* Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Silicon Dioxide.

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Not manufactured with wheat, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

