

Directions: Ages 14 and up, one (1) packet daily. Empty contents into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use. If you are pregnant, nursing, or taking medication, consult your doctor before use.

Supplement Facts

Serving Size 1 Packet (9.4 g)

Amount Per Serving	% Daily Value
Calories	35
Total Carbohydrate	8 g 3%†
Total Sugars	7 g *
Includes 6 g Added Sugars	12%†
Vitamin C (as ascorbic acid, zinc ascorbate)	1,000 mg 1,111%
Thiamin (as thiamine hydrochloride) (Vit. B1)	0.38 mg 32%
Riboflavin (as riboflavin-5-phosphate) (Vit. B2)	0.43 mg 33%
Niacin (Vit. B3)	4 mg 25%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg 588%
Folate (Vit. B9)	167 mcg DFE (100 mcg Folic Acid) 42%
Vitamin B12 (as cyanocobalamin)	25 mcg 1,042%

Amount Per Serving	% Daily Value
Pantothenic Acid (as calcium pantothenate) (Vit. B5)	2.5 mg 50%
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate)‡	50 mg 4%
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate)‡	38 mg 3%
Magnesium (as magnesium hydroxide, magnesium carbonate)‡	60 mg 14%
Zinc (as zinc ascorbate)	2 mg 18%
Manganese (as manganese gluconate)	0.5 mg 22%
Chromium (as chromium picolinate)	10 mcg 29%
Sodium (as sodium bicarbonate, monobasic sodium phosphate)‡	65 mg 3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate)‡	200 mg 4%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established. ‡ Electrolytes

Other Ingredients: Fructose, Citric Acid, Maltodextrin. **Contains <2% of:** Acacia, Glycine, L-Aspartic Acid, Malic Acid, Natural Flavor, Silicon Dioxide, Tartaric Acid.

Caffeine-Free • Gluten-Free • Vegetarian • Natural Sweeteners & Flavor • Naturally-Sourced Colors

Keep out of reach of children.

Immune Support

1,000 mg of vitamin C plus other antioxidants zinc and manganese support your immune system.*

Energy

7 B vitamins including B1, B2, B3, B5, B6, and B12 enhance energy naturally* without caffeine.

Electrolytes

Great for post-workout, replace key electrolytes lost through perspiration.*

Distributed by: **Alacer Corp.**
Carlisle, PA 17013
Consumer Line: 1.888.425.2362
emergenc.com
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Based on the USDA.gov nutrient database for a large, raw orange

Naturally, It's Good for You!

Don't worry about prepping your pucker; you're in for a lip-smacking sweet and zingy citrus blast. With each sip, you can feel the essential nutrients flow through your body in a wave of Emergen-C® rejuvenation. If feeling good is your thing, you found the right box.

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Fix It
How You Like It!

Less Water = More Flavor

feel the
Good®

Emergen-C®

1,000 mg Vitamin C

Daily Immune Support*

Antioxidants,† B Vitamins & Electrolytes



Lemon-Lime

Flavored Fizzy Drink Mix with Natural Flavor
Caffeine-Free, Gluten-Free, Vegetarian & Naturally Sweetened

30-0.33 OZ (9.4 g) PACKETS/NET WT. 9.9 OZ (282 g)

DIETARY SUPPLEMENT

*Vitamin C, Zinc & Manganese

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Natural
fruit
flavor

As much
Vitamin C as
10 oranges!†



Our boxes are
printed with
vegetable-based inks.



Recyclable

This box is
recyclable.

Store at room temperature.
Protect from moisture.
Carton contains individual packets.
Do not use if packet seal is torn or broken.

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