Suggested Usage: Take 1 to 2 capsules daily as needed on an empty stomach or between meals, with at least 8 oz. of water. Not for continuous use for more than one week

Caution: Not for long-term daily use. Take at least 2 hours before or after medications or other dietary supplements. Activated charcoal can affect their absorption. For adults only. May cause dark stool, which is not harmful. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially intestinal blockage). Keep out of read- of children.

Activated charcoal powder is made from coconut shells and has been traditionally used to support healthy digestive function.* Its porous texture gives it the ability to attract and trap toxins that are typically present in the GI tract and carry them out of the body.* Activated charcoal can also help to alleviate uncomfortable gas and bloating caused by gas-producing foods.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Activated Charcoal

Detox Support*

- · Alleviates Gas and Bloating*
- Made from Coconut Shells200 Veg Capsules
- A Dietary Supplement Vegetarian/Vegan

Digestive

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 100

Amount Per Serving

Activated Charcoal Powder 560 mg*

* Daily Value not established

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Contains tree nut (coconut).

Activated charcoal powder derived from coconut shells.

Manufactured & Quality Tested by NOW FOODS 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA nowfoods com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.