

Directions: Ages 14 and up, one (1) packet daily. Empty contents into a glass, add 4–6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use. If you are pregnant, nursing, or taking medication, consult your doctor before use.

Supplement Facts

Serving Size 1 Packet (8.4 g)

Amount Per Serving		% Daily Value
Calories	30	
Total Carbohydrate	7 g	3%†
Total Sugars	5 g	*
Includes 5 g Added Sugars		10%†
Vitamin C (as ascorbic acid, zinc ascorbate)	1,000 mg	1,111%
Thiamin (as thiamine hydrochloride) (Vit. B ₁)	0.38 mg	32%
Riboflavin (as riboflavin-5'-phosphate) (Vit. B ₂)	0.43 mg	33%
Niacin (Vit. B ₃)	4 mg	25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	588%
Folate (Vit. B ₉)	167 mcg DFE (100 mcg Folic Acid)	42%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	1,042%

Other Ingredients: Fructose, Citric Acid, Maltodextrin. **Contains <2% of:** Acacia, Beet Juice Concentrate (color), Cranberry Juice Solids (color and flavor), Fruit & Vegetable Juice Concentrates (carrot, hibiscus) (color and flavor), Glycine, L-Aspartic Acid, Malic Acid, Natural Flavors, Pomegranate Powder (color and flavor), Silicon Dioxide, Tannic Acid, Tartaric Acid.

Caffeine-Free • Gluten-Free • Vegetarian • Natural Sweeteners & Flavors • Naturally-Sourced Colors

Keep out of reach of children.

Immune Support

1,000 mg of vitamin C plus other antioxidants zinc and manganese support your immune system.*

Energy

7 B vitamins including B₁, B₂, B₃, B₆, B₉ and B₁₂ enhance energy naturally* without caffeine.

*Electrolytes

Great for post-workout, replace key electrolytes lost through perspiration.*

Amount Per Serving		% Daily Value
Pantothenic Acid (as calcium pantothenate) (Vit. B ₅)	2.5 mg	50%
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate)†	50 mg	4%
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate)†	38 mg	3%
Magnesium (as magnesium hydroxide, magnesium carbonate)†	60 mg	14%
Zinc (as zinc ascorbate)	2 mg	18%
Manganese (as manganese gluconate)	0.5 mg	22%
Chromium (as chromium picolinate)	10 mcg	29%
Sodium (as sodium bicarbonate, monobasic sodium phosphate)†	65 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate)†	200 mg	4%

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established. ‡Electrolytes

Distributed by: **Alacer Corp.**
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*Based on the USDA.gov nutrient database for a large, raw orange

Naturally, It's Good for You!

Superfruit-powered Cranberry-Pomegranate flavored Emergen-C® is a little tangy, a little sweet, and a whole lotta fruity fun. With each sip, you can feel the essential nutrients flow through your body in a wave of Emergen-C rejuvenation. If feeling good is your thing, you found the right box.

Get your free samples at **emergenc.com!**

While supplies last. See website for limitations.



**Fix It
How You Like It!**

Less Water = More Flavor

6 oz.
5 oz.
4 oz.

feel the
Good®



1,000 mg Vitamin C

Daily Immune Support*

Antioxidants,† B Vitamins & Electrolytes



Cranberry-Pomegranate

Flavored Fizzy Drink Mix with other Natural Flavors
Caffeine-Free, Gluten-Free, Vegetarian & Naturally Sweetened

30-0.30 OZ (8.4 g) PACKETS/NET WT. 9.0 OZ (252 g)

DIETARY SUPPLEMENT

*Vitamin C, Zinc & Manganese

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Our boxes are
printed with
vegetable-based inks.



Recyclable

This box is
recyclable.



Store at room temperature.
Protect from moisture.
Carton contains individual packets.
Do not use if packet seal is torn or broken.