

SUGGESTED USAGE: Add 1 level scoop daily to 10 oz. of cold water, juice, or your favorite beverage. Stir or blend.

If you're an active vegetarian or vegan then you know how difficult it can be to find a premium quality vegetarian protein powder. NOW® Sports Plant Protein Complex is specifically formulated to address your needs with a non-GMO vegan protein blend from pea, hemp and quinoa sources. Each 1 scoop serving provides 22 grams of protein, and typically has about 3,900 mg of branched-chain amino acids and 1,800 mg of arginine. Naturally sweetened with xylitol and stevia, NOW® Sports Plant Protein Complex is the ideal protein product for your active vegetarian lifestyle.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.



PLANT PROTEIN COMPLEX

PROTEIN POWDER



CREAMY VANILLA



Code 2216BN v3



Nutrition Facts

About 72 servings per container
Serving size 1 level scoop (38g)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 7g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Xylitol 2g	
Protein 22g	44%
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 138mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: YELLOW PEA PROTEIN ISOLATE, NATURAL FLAVORS, QUINOA PROTEIN, XYLITOL, HEMP PROTEIN, ORGANIC STEVIA LEAF EXTRACT, XANTHAN GUM, STEVIA LEAF EXTRACT (REBAUDIOSIDE A).

QUALITY TESTED & PACKAGED BY:
NOW FOODS
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Typical Amino Acid Profile (example) (per serving)**	
Essential Amino Acids	mg Per Serving
L-Histidine	544
L-Isoleucine***	1000
L-Leucine***	1832
L-Lysine	1634
L-Methionine	204
L-Phenylalanine	1203
L-Threonine	857
L-Tryptophan	195
L-Valine***	1084
Non-Essential Amino Acids	
L-Alanine	897
L-Arginine	1876
L-Aspartic Acid	2576
L-Cysteine	330
L-Glutamic Acid	3927
Glycine	912
L-Proline	957
L-Serine	1143
L-Tyrosine	814

**subject to natural variability

***Branched-Chain Amino Acids

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients.

Produced in a GMP facility that processes other ingredients containing these allergens.