

Multi-Vi-Min® without Copper & Iron
 Same hypoallergenic formula as Multi-Vi-Min®, except includes vitamin C and excludes copper and iron. Formulated by Stephen A. Levine, Ph.D.

Suggested Use

As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

DO NOT EXCEED 400 MICROGRAMS OF SELENIUM PER DAY FROM ALL SOURCES.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Developed by Stephen A. Levine, Ph.D.



Formulated exclusively for
 Allergy Research Group®
 Alameda, CA 94502
www.allergyresearchgroup.com

Allergy Research Group

Multi-Vi-Min®

without Copper & Iron



dietary supplement
HYPOALLERGENIC
 150 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	150
Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate)	2500 IU 40%
Vitamin C (as Ascorbic Acid)	30 mg 50%
Vitamin D3 (as Cholecalciferol)	100 IU 25%
Vitamin E (as D-alpha-tocopheryl Acetate)	80 IU 133%
Thiamine (as Thiamine Hydrochloride)	20 mg 133%
Riboflavin (as Riboflavin-5-Phosphate)	15 mg 500%
Niacin (as Nicotinamide)	35 mg 150%
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	31 mg 150%
Folic Acid	60 mcg 15%
Vitamin B12	90 mcg 133%
Calcium	80 mg 2%
Ascorbic Acid (as Calcium Ascorbate)	100 mg 1000%
Calcium (as Calcium Citrate)	20 mg 2%
Magnesium (as Magnesium Citrate)	20 mg 5%
Zinc (as Zinc Citrate)	6 mg 40%
Selenium (as Sodium Selenate)	40 mcg 50%
Manganese (as Manganese Citrate)	3 mg 150%
Chromium (as Amino Acid complex)	80 mcg 40%
Molybdenum (as Sodium Molybdate)	40 mcg 50%
Potassium (as Potassium Chloride)	20 mg 4%
Boron (as Boron Citrate)	200 mcg *
PABA (Para-Aminobenzoic Acid)	40 mg *
Chlorine Acid	40 mg *

* Daily Value not established

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide.